

Reflections

School Magazine 2023-2024



Mukundapuram Public School

Senior Secondary, Affiliated to CISCE, Aff.No KE094

Kallamkunnu Road, Nadavaramba, Irinjalakuda, Pin: 680661

**MANAPPURAM
FOUNDATION**

(CSR Body of Manappuram Finance Ltd.)





Creating Global
Citizens

MUKUNDAPURAM PUBLIC SCHOOL

Mukundapuram Public school, Nadavaramba offers an opportunity for parents who recognize the necessity of 21st century learner-centric education for their children. 14 years of rich experience and a team of eminent, educators and professionals have contributed to building a vision and guiding the school to excellence. We have selected the best architects to build purposive spaces that are aligned to create a safe, secure and healthy learning environment. A lot of time and effort has been invested in selecting quality teachers. MPS aims at recruit teachers from all parts of the country to offer quality education for their students.





MESSAGE FROM THE PATRON'S DESK

V. P. Nandakumar

President, Mukundapuram Educational and Cultural Society

MD & CEO of Manapuram Finance Limited

Nothing can influence and shape the future of humanity better than education, in other words, learning and knowledge. And, there has never been a more exciting time than now to embrace new ways of teaching and learning.

Technology has opened up new vistas of opportunity for everyone from the street vendor to corporations and governments and revolutionized the way we conduct our affairs. The field of education also needs to gear up to prepare the students for the brave new world of robotics, generative AI and machine learning.

There is one more aspect that I would like to touch upon. It is important that education is inclusive and accessible to all. It is not enough that a few students perform extraordinarily. The aim should be that every student achieves his/her real potential in a step-by-step manner. I am happy to see that another edition of Reflections, the school magazine, is being brought out by the editorial team of MPS to highlight the achievements of the school and showcase the writings of students. I have no doubt that it will help broaden the horizons of knowledge for our dear students.



MESSAGE FROM CEO



George De Das
CEO, Manappuram Foundation

Dear students,

Manappuram Foundation has always driven forward with the vision of creating a society that is healthy, educated and happy. Mukundapuram Public School aligns itself with this vision, aspiring to nurture a new generation of individuals who excel beyond the confines of academics. To be human is to be kind; as an institute built on the firm belief in community, we aim for a group of students who will shape a better future and society.

Mukundapuram Public School fosters limitless growth for students, offering a dynamic educational environment enriched with a robotics lab, digital library, space museum, and innovative learning platforms like Step and Learn Wizefloor. The school boasts a high-tech and hygienic campus, featuring state-of-the-art language labs, fostering an environment where students not only learn but also gain confidence in fluent English communication. Our commitment to empowering children, and encouraging exploration, learning, and self-discovery is proudly reflected in this magazine, where students shine independently, paving their paths.

Among these pages, I have witnessed creativity, harmony and the joy of learning, proving that young minds working together will continuously lead to success and growth. May this be the beginning of such innovative projects and exciting adventures for the leaders of tomorrow.

Wishing you all a happy reading.

MESSAGE FROM PRINCIPAL



Noori P Rafeek
Principal

Education is a transformative journey that relies on the dedication of teachers, the motivation of students, and the enthusiasm of parents with high expectations. It equips individuals, both young and old, with knowledge, skills, experiences, and a positive attitude that paves the path to success. It is through education that society achieves its goal of nurturing well-rounded individuals.



As we gather in the virtual pages of our E-magazine, it is with great joy that we express our heartfelt gratitude to every member of our school family - students, parents, teachers, staff, management, and the Team MASH. Our E-magazine serves as a vibrant canvas, showcasing the multitude of talents, achievements, and endeavours that define the spirit of Mukundapuram Public School. Within the pages of this E-magazine, we bear witness to the unwavering dedication and exceptional efforts of our entire school community. No matter the challenges we have faced, it is with pride that we declare ourselves stronger and more united than ever before.

Creativity, passion, and intellectual curiosity of our students, are the driving forces behind the dynamic content within these virtual pages. Their achievements, both inside and outside the classroom, inspire us to aim higher and dream bigger. They are the architects of our success, and this journey is merely the beginning of an extraordinary adventure.

I extend my heartfelt appreciation for our parents for their continuous support and unwavering trust. Their partnership with us is invaluable, and together we create an environment where every child can thrive academically, emotionally, and socially. Their commitment fuels the flame of achievement within each student.

Our faculty and staff, the heart and soul of Mukundapuram Public School, deserve immense recognition for their tireless efforts in fostering a love for learning and preparing them for a brighter future.

In a world filled with challenges and uncertainties, let us remain steadfast in our shared vision of nurturing compassionate, resilient, and empowered individuals. The E-magazine serves as a platform for us to celebrate our collective achievements, reflect on our growth, and envision the exciting future that lies ahead. Each page of 'Reflections' encapsulates the insights, diligence, passion, and motivation of the stakeholders of Mukundapuram Public School. It weaves together a rich tapestry of articles, artwork, achievements, and insights, serving as a source of inspiration and pride, reinforcing the strength of our school community.

Let us continue the journey of excellence, growth, and success in unity and remain to shape the minds and hearts of our students, empowering them to make a positive impact on the world. As we turn the virtual pages of our E-magazine, let us celebrate the accomplishments and aspirations that define Mukundapuram Public School. Here's to a future filled with limitless possibilities.

PILLARS OF MPS



Ms. NOORI P RAFEEK
(PRINCIPAL IN-CHARGE)



Ms. LALITHA V
(ADMINISTRATOR)



Ms. R RESHMI
(KINDERGARTEN HEAD)



MESSAGE FROM EDITORIAL BOARD

Dear School Community, Greetings!

As the editorial board of MPS, we are thrilled to extend our warmest welcome to you for the upcoming edition of our school E-magazine. This year has been a testament to the resilience and creativity within our school community. Despite the challenges we faced, our students, teachers, and staff have continued to inspire us with their unwavering dedication to excellence. It is with great excitement that we present to you a compilation of the remarkable achievements, stories, and talents that make our school truly exceptional.



Mr. Elton Baptista

Our theme for this edition revolves around unity, diversity, and the strength that comes from embracing our differences. Throughout the pages, you will find articles, artwork, and features that celebrate the unique contributions of every individual within our school. We believe that by highlighting the diverse experiences and perspectives of our community, we can foster a sense of understanding and appreciation for one another. In addition to showcasing the accomplishments of our students, we have also included pieces that reflect on the events and experiences that have shaped us throughout the year. It is our hope that these reflections serve as a reminder of the collective strength and resilience that defines our school spirit.



Ms. Vidhu P Vijayan

We would like to express our heartfelt gratitude to all the contributors, writers, artists, and photographers who have dedicated their time and talents to make this magazine a reality. Your passion and commitment have truly elevated the quality of our publication. As we turn the pages of this magazine, let us take a moment to reflect on the memories we have created, the lessons we have learned, and the bonds we have formed. We are not just a school; we are a community that thrives on collaboration, diversity, and the pursuit of knowledge. Thank you for being a part of the MPS family. We hope you enjoy reading this edition of the school e-magazine as much as we enjoyed creating it.



Mr. Nithin S Kumar

Warm regards,

The Editorial Board
Mukundapuram Public School



UNIFIED MISSION



Ms. Sanufia
JIT/Robotics Department



Ms. Jeena Antony
Malayalam Department



Ms. Dhvani Joseph
Mathematics Department



Mr. Elton Baptista
Communicative English
Department



Ms. Vidhu P Vijayan
English Department



Mr. Nithin S Kumar
Art Department



Ms. Beena MR
Hindi Department



Ms. Smitha MV
Social Science
Department



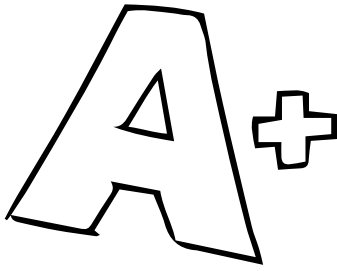
Ms. Shakeela NA
Science Department



Mr. Vipindas V
P E Department

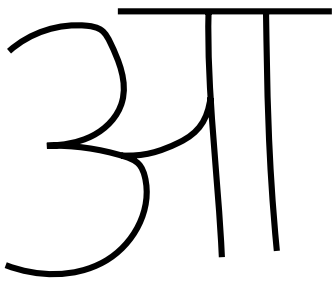


ENGLISH DEPARTMENT



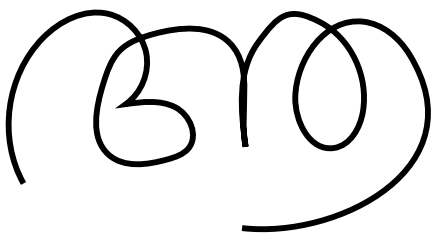
At the English department, we strive to foster a deep appreciation for literature and language proficiency among students. Our objective is to provide a comprehensive curriculum that cultivates critical thinking, effective communication, and a love for creative expression. Through engaging lessons and activities, we aim to empower students with the linguistic skills and literary insight needed for academic success and personal growth. Together, we embark on a journey of language exploration and academic excellence.

HINDI DEPARTMENT



हिंदी विभाग की ओर से आप सभी को नमस्कार । हिंदी हमारी संस्कृति की पहचान है तथा राष्ट्रीय चेतना की भाषा है । हमारा प्रयास है कि हिंदी भाषा के प्रति सम्मान को बनाए रखे तथा राजभाषा का अधिक से अधिक प्रयोग करें । शिक्षा हमारे बच्चों की सामाजिक, बौद्धिक, प्रशिक्षण तर्क-वितर्क की शक्ति को बढ़ावा देता है । हमारे विभाग ने बच्चों की योग्यताओं और क्षमताओं की पहचान कर उनके ज्ञान को बढ़ावा देने के कार्य में सदा तत्पर रहेगा, और छात्रों में नैतिकता, आदर्श और सत्य की प्रेरणा आदि प्रदान करता रहेगा ।

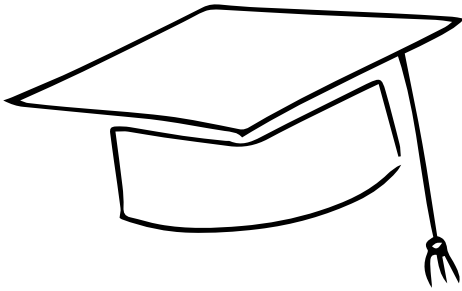
MALAYALAM DEPARTMENT



മലയാളം വിഭാഗം, വിദ്യാർത്ഥികൾക്കിടയിൽ ആത്മവിശ്വാസം വളർത്തുന്നതിനും സാഹിത്യ വാസന പരിപോഷിപ്പിക്കുന്നതിനും ഭാഷാ ഉപയോഗത്തിൽ ശ്രദ്ധ ചെലുത്തുന്നതിനുമുള്ള കഴിവ് വളർത്തുന്നതിനും ശ്രമിക്കുന്നു. വിമർശനാത്മക ചിന്ത, ആശയവിനിമയശേഷി, ക്രിയാത്മകമായ കഴിവ് എന്നിവ വളർത്തുന്നതിന് വേണ്ടിയുള്ള സമഗ്രമായ പാഠ്യപദ്ധതി നൽകുക, ആകർഷകമായ പാഠങ്ങളിലൂടെയും പ്രവർത്തനങ്ങളിലൂടെയും അക്കാദമിക് വിജയത്തിനും വ്യക്തിഗത വളർച്ചയ്ക്കും ആവശ്യമായ ഭാഷാപരമായ കഴിവുകളും സാഹിത്യ ഉൾക്കാഴ്ചയും ഉപയോഗിച്ച് വിദ്യാർത്ഥികളെ ശാക്തീകരിക്കുകയാണ് ഞങ്ങൾ ലക്ഷ്യമിടുന്നത് പുതിയ ലിപി വ്യവസ്ഥകൾ മനസ്സിലാക്കിക്കൊണ്ടും കുട്ടികളുടെ സർഗാത്മകതയെ പരിപോഷിപ്പിച്ചു കൊണ്ടും ഒരു യുവത്വം തുളുമ്പുന്ന പ്രവർത്തനക്ഷമവും ഊർജ്ജസ്വലമായ പഠന രീതിയാണ് അവലംബിക്കുന്നത്.

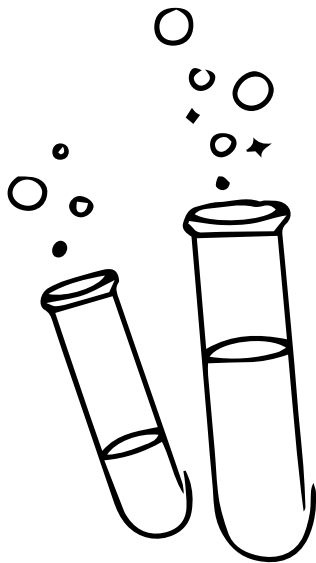


MATHEMATIC DEPARTMENT



In the mathematics department our mission is to impart quality mathematics education and inculcating the spirit of research through innovative teaching. To achieve high standards of excellence in generating and propagating knowledge in mathematics. Department is committed to providing an education that combines rigorous academics with joy of discovery. We are providing an environment where students can learn, become competent users of mathematics, and understand the use of mathematics in other disciplines. We provide opportunities to students ensuring that students who need the most assistance in Mathematics have access to an excellent mathematics instructional program that provides solid support for their learning.

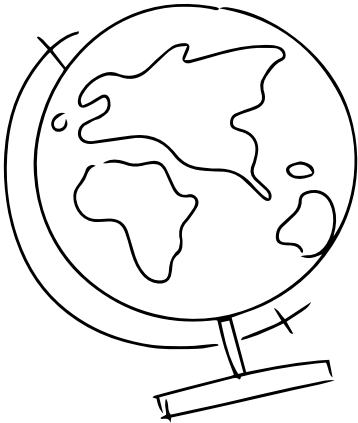
SCIENCE DEPARTMENT



In the Science Department, our mission is to instill a passion for scientific inquiry and knowledge in students. Through a dynamic curriculum, we aim to provide a solid foundation in scientific principles, critical thinking, and practical skills. Our objectives include nurturing a curiosity-driven approach to learning, fostering an appreciation for the scientific method, and preparing students for real-world applications of science. By engaging in hands-on experiments, collaborative projects, and cutting-edge research, we strive to empower students with the skills and enthusiasm needed to excel in the ever-evolving field of science.

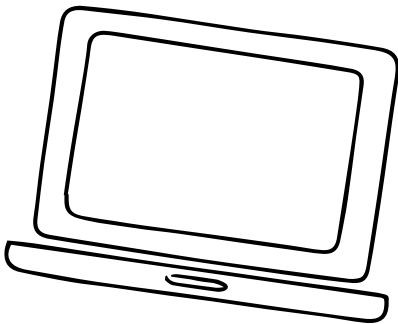


SOCIAL SCIENCE DEPARTMENT



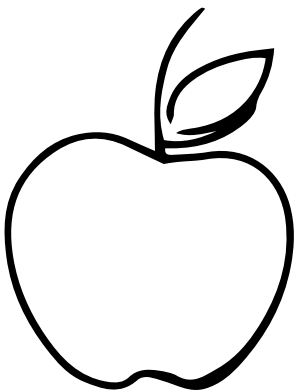
The Department of Social Sciences has an objective to prepare students for multiple career fields and help them to flourish intellectually. The mission of the Department is to prepare students for lifelong learning and to be responsible democratic citizen. Continuous Assessment of student learning and corrective measures are hallmarks of the education experience of the department. The Department organized various activities for the students in Campus to promote spontaneous style of delivery and to hone communication and time management abilities among the students.

INFORMATION TECHNOLOGY



Embark on a journey into the dynamic world of Information Technology in our school community! Explore the endless possibilities as we dive into digital literacy, coding adventures, and the exciting realm of emerging technologies. Uncover the power of innovation and equip yourself with the skills needed to thrive in our technology-driven era. Let's embrace the future together Digital transformation.

HEALTH EDUCATION

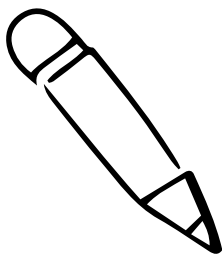


School Health service is focusing on managing health emergencies and urgent situations by provision of first aid; mandated health screening programs and appropriate referrals to health care providers. Early identification and management of students' acute and chronic health care need that affect educational achievement. Verification of immunizations, infectious disease reporting and control the spread of communicable diseases by providing awareness on precautions and preventive measures, Awareness education on variety of health topics and to serve as a medical resource in the campus.



PHYSICAL EDUCATION

Physical Education is the integral part of all Educational system. Physical Education helped in the overall development of every student. It helps to improve the discipline and punctuality of the students and the motor abilities such as endurance, speed, coordination, balance and flexibility. It helps to develop the physical, mental and social aspects of the students. Sports teaches them to face difficulties and to move on and never to quit. And games teaches them to learn the skills of every games and interest towards the game and helps the students to become a good player and can represent for Kerala and India.

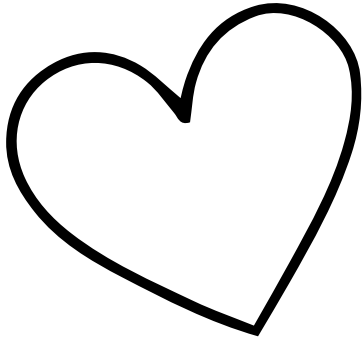


ART EDUCATION

Arts and crafts education at an early stage is one of the best ways to develop a child's imagination. It helps improve a child's creativity, motor skills, enhance their social skills, and imagination. With arts and crafts education, the child is allowed to discover and then handle paint, glue, or any other materials that he may come across. Through arts and crafts, the child can be taught to identify and then recognize various objects, shapes, sizes, and textures. The child can be taught how to hold a pen or pencil correctly; how to handle a paintbrush, how to cut out, how to pass, and how to deal with various materials.



COUNSELLING DEPARTMENT

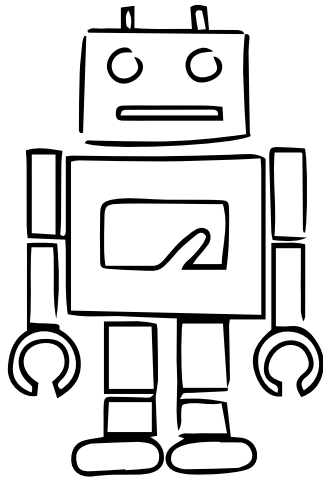


Counselling department is tasked with roles like interacting with students, maintaining the confidentiality of records, conducting school-wide programs to promote mental health, providing counselling sessions to students, supporting students to improve their skillset, and working for conflict resolution between students. Counsellors work with people experiencing a wide range of emotional and psychological problems to help them bring about effective change and/or enhance their wellbeing. Counsellors help people with issues such as depression, anxiety, stress, loss and relationship difficulties that are affecting their lives.

COMMUNICATIVE ENGLISH

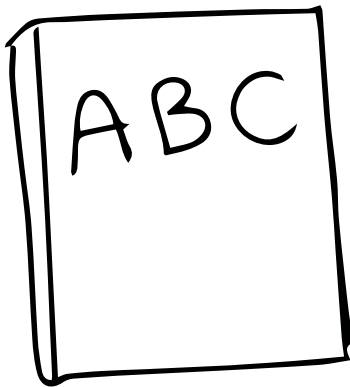


The Communicative English Department, a cornerstone of our academic institution, stands as a beacon of excellence in honing linguistic proficiency and fostering effective communication skills. The primary mission of the Communicative English Department is to empower students with the linguistic tools necessary for success in various academic, professional, and social contexts. Interactive sessions, group discussions, and practical exercises are seamlessly integrated into the curriculum to enhance not only language skills but also critical thinking and problem-solving abilities. Real-world scenarios are simulated to provide students with a platform to apply theoretical knowledge in practical situations. From public speaking competitions to language immersion programs, students are encouraged to explore and apply their language skills beyond the confines of textbooks. More than just language skills, the department is committed to building the confidence of its students. Through a blend of innovative pedagogy, technological integration, and a global perspective, the department not only imparts language skills but shapes confident communicators ready to navigate the complexities of the contemporary world.



ROBOTICS

Empowering students through robotics in schools aims to foster crucial 21st-century skills. By integrating robotics, we strive to enhance problem-solving, critical thinking, and teamwork. Additionally, it sparks interest in STEM fields, preparing students for a future where technology and innovation play key roles. The goal is to cultivate a passion for learning and equip students with the skills needed for the evolving landscape of technology.



LIBRARY

Digital Library with its excellent collection of books, periodicals, newspapers, multimedia, and various digital/online services, acts as a support and inspiration to the teaching and learning community of the school. The school library provides information and ideas fundamental to functioning successfully in today's information and knowledge-based society. The school library equips students with life-long learning skills and develops their imagination, enabling them to live as responsible citizens. MPS Digital Library promises new societal benefits, especially for e-learning in digital or mobile times, starting with the elimination of the time and space constraints of traditional brick-and-mortar libraries.



R Reshmi
KG Coordinator

KG COORDINATORS MESSAGE

Dear Readers,

It is with great pleasure that I welcome you to this edition of our e-magazine, dedicated to the wonderful world of early childhood education. As the KG Coordinator, I am thrilled to share with you the joy, growth, and learning that takes place in our kindergarten classrooms every day. In these pages, you will find a collection of articles, photographs, and stories that celebrate the unique journey of our youngest learners.

From their first steps into the classroom to their exciting discoveries and milestones, we aim to provide a glimpse into the magical world of early education. Through play-based learning, creative activities, and interactive games we strive to foster their curiosity, imagination, and social-emotional development.

I would like to extend my deepest gratitude to our dedicated team of teachers, who bring passion and expertise to their classrooms every day. Their commitment to the growth and well-being of our students is truly commendable.

To the parents, thank you for entrusting your precious children to us and for being active partners in their education. Your support and involvement play a vital role in their success, and we are grateful for your partnership.

Lastly, to our little stars, the kindergarten students, you continue to inspire us with your boundless energy, enthusiasm, and love for learning. Your smiles, laughter, and inquisitive minds brighten our days and remind us of the immense privilege we have in shaping your educational journey.

I hope this e-magazine serves as a testament to the power and beauty of early childhood education. Together, let us continue to nurture and guide the youngest members of our school family, providing them with a strong foundation for a lifetime of learning.



LET TODAY
BE THE
START OF

Something New

RE OPENING CEREMONY

We kickstarted the academic year with a memorable reopening day ceremony.. The activity and the gift given as a token of love created an atmosphere of excitement. It was a heartwarming event that marked the beginning of a new academic year filled with possibilities and growth.



A token of love on the first day



First Day Activity

ACADEMIC ACHIEVEMENTS



SPELL BEE

Recognizing the brilliance of our spell bee achievers, who have demonstrated their exceptional expertise in language and academics and have been selected for the second level.



Mohammed Ishan
UKG C



Rehaan Dev |
UKG A



Angello Shijo
UKG B



Amarnath Satheesh
UKG D



Sravya T S
UKG C



Ethan Tijo
UKG C



Kalidas Pradosh
UKG C



Jhanvi Jibin
UKG C



Eva Fathima
UKG C



Sivanya Nidhin
UKG C



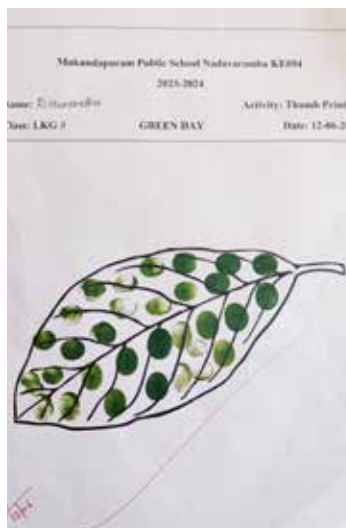
Adhildev V S
UKG C



COLOUR DAY ACTIVITIES

Green Colour Day

Like a lush forest, our students come alive with energy and vitality, celebrating the beauty and significance of green on this vibrant Green Colour Day on 12th June 2023.



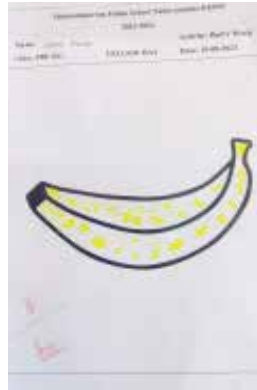
White Colour Day

Kindergarten celebrated White Colour Day on 3rd July, 2023, symbolizing a fresh start, clarity, and the pursuit of knowledge our students embrace the elegance of white on this special day.



Yellow Colour Day

On 10TH August 2023 our students illuminated the campus with laughter, positivity, and a contagious spirit of enthusiasm, making the Yellow Colour Day truly unforgettable.



Blue Colour Day

In the world of blue, our students unleash their imagination, symbolizing the vastness of possibilities and the power of creativity on this captivating Blue Colour Day on 10th of November 2023.

Red Colour Day

Igniting passion and energy, our students of Kindergarten painted the day red, symbolizing love, courage, and enthusiasm on 22nd December 2023.





Fancy Dress Competition Winners

NATIONAL DAY CELEBRATIONS

National Doctor's Day

LKG



Dheemaya



Srisha



Dhananjay Vijay

PRE KG



Janvi Lakshmi



Ain Zara



Jain

UKG



Sadhika Sujith



Sree Ram



Issa Mariya



NATIONAL PAPER BAG DAY

The papercraft activity provided the students with a hands-on learning experience. They enhanced their fine motor skills, spatial awareness, and understanding of geometric concepts through folding and cutting techniques.



The paper bag papercraft activity conducted on National Paper Bag Day



FUN-FILLED GETAWAY

Annual Tour of Joy, Laughter, and Entertainment

Creating lifelong memories, our students embarked on an unforgettable journey of discovery and adventure during our annual tour.





LEARNING JOURNEY

Field Trip to MaFarm as part of National Milk Day

Embarking on an educational adventure, our students explore the wonders of agriculture and farm life at MaFarm. Unveiling Insights through Enriching Experiences.





NUTRITION WEEK

Nurturing healthy habits and mindful eating, our students embrace the importance of nutrition during this special week.



Show and Tell: Fuelling curiosity and self-expression, our students captivate their peers during Show and Tell activity conducted in connection with Nutrition week



KHEL MPS SPORTS MEET

Our Sports Meet was a grand event where students showcased their athletic skills, teamwork, and sportsmanship. From relay races to friendly competitions, the day was filled with cheers, applause, and a healthy spirit of competition.







ARTS FEST VERVE 2023-24

Capturing vibrant moments of celebration, achievement, and cultural diversity, these snapshots highlight the joy and success experienced on Verve our Arts Fest.

Fancy Dress Participants



Folk Dance Participants





Solo Dance Participants



Ramp Walk Participants



CHILDREN'S DAY

To celebrate the joy and innocence of childhood, our school organized special activities and events on Children's Day. Students enjoyed games, performances, and interactive sessions that emphasized the importance of their well-being and happiness.



INNOVATIVE APPROACH

Step and Learn: Nurturing Knowledge through Inter- active Education

Step and Learn is a unique program that combines physical activity with academic learning. Students participate in interactive sessions where they engage in movement-based activities while learning essential concepts from various subjects. Through this program, we aim to promote active learning and enhance students' cognitive abilities.



MONTESSORI MAGIC

Unleashing Potential through Self-Directed Learning

The use of Montessori equipment as learning tools in a traditional classroom setting, provides a valuable addition to the instructional toolkit, enriching students' learning experiences and fostering their holistic development.





ONAM CELEBRATION

Immersed in vibrant traditions and cultural pride, our students came together to celebrate the harvest festival, Onam.





CHRISTMAS CELEBRATION

Embracing the spirit of giving and joy, our students celebrated the magic and warmth of Christmas.





INTERSCHOOL COMPETITION

Showcasing Talent: Thrilling Academic Showdown

Interschool Competition Winners: "Basking in the glory of victory, our talented students shine as champions in the fiercely contested interschool competitions."





OVERALL
2ND
PLACE

ASISC CULTURAL FEST ZONE E CATEGORY 1 2023-24





ACADEMIC ACHIEVERS



Mukundapuram Public School

Senior Secondary . Affiliated to CISCE, AILNo KE094
Kallankurumi Road, Nadavara, Trichy, Pin: 689661



ICSE(10th) Result 2022-2023



Topper 90%

Sreelakshmi T. S

Above 80%



Manav P S(89%)





Angelina Benny(87%)



Devananda K J(85%)



**Mohammed Hisham O S
(85%)**



Helen Isaac V(82%)



Inara Shajnavas P(81%)



Jerit Jojy(80%)



 **Mukundapuram Public School**
Senior Secondary, Affiliated to CISE, All No. KED94
Kallambesra Road, Nodavaramba, Irinjalekuda, Pin: 680661



ISC(12th) Result 2022-2023

Science Stream

Topper 87%



Theerthanjaly Sunilkumar

Above 80%



Jahnavi V S

Commerce Stream

Topper 90%



Anna Mary

Cent % Pass

Congratulations!



REOPENING DAY

In a spirit of enthusiasm and anticipation, MPS joyously reopened its doors on 5th June 2023, welcoming students, parents, faculty, and staff to a day filled with diverse programs and activities. The school campus buzzed with energy as everyone gathered to celebrate the commencement of a new academic year. The day commenced with a vibrant morning assembly, a heartening sight as students assembled, ready to embark on a new chapter of learning.

The school's leadership extended a warm welcome, addressing the community with words of inspiration and encouragement. A cultural extravaganza unfolded, showcasing the rich tapestry of talents within our school. Students took center stage with dance performances and musical renditions setting the tone for an academic year that promises to be filled with creativity and artistic expression.





WORLD ENVIRONMENT DAY

5TH Jun 2023

World Environment Day at MPS was not just a celebration but a call to action. It emphasized that every small effort contributes to a larger, positive impact on the planet. By nurturing a sense of environmental responsibility in our students, we aim to cultivate a generation that is not just aware of the challenges our planet faces but is actively engaged in finding solutions.

The integration of Terrarium Ecosystems and Micro Green Farming aligns seamlessly with MPS's commitment to holistic education. Students engage in cross-disciplinary learning, applying scientific principles in the creation and maintenance of the terrariums, while also gaining valuable insights into agricultural and environmental sciences through Micro Green Farming. As we celebrate the beauty and diversity of our planet, these initiatives underscore the school's commitment to actively contribute to a more sustainable and harmonious world.



FATHER'S DAY

17TH Jun 2023

Father's Day is a heartfelt occasion dedicated to honoring and appreciating the paternal figures who play a pivotal role in our lives. It is a time to express gratitude and celebrate the love, guidance, and support fathers provide. Father's Day is an opportunity to reflect on the unique bond between fathers and their children, a relationship marked by love, mentorship, and shared moments. It's a chance to recognize and celebrate the diverse roles that fathers play, from being providers to being a source of strength and wisdom.



READING WEEK CELEBRATION

19TH-24TH Jun 2023

Reading week is a joyous occasion dedicated to fostering a love for literature and the written word. The day was marked by a series of engaging activities and events that aimed to inspire and celebrate the art of reading. The celebration kicked off with a captivating

storytelling session, where our tiny storytellers created an enchanting world of various literary works. Kicking off the festivities, the Fancy Dress Competition promises to transport students into the magical realms of their favourite literary characters. From classic protagonists to modern-day heroes, students are invited to bring their favourite characters to life through imaginative costumes and creative presentations.



SCHOOL ELECTION

26TH Jun 2023

In a bold move towards modernization, our school recently witnessed a ground-breaking shift in the way student elections are conducted. Thanks to the innovative efforts of Shayen Thomas, our class 12 student, who developed a webpage to streamline the entire election process. Shayen's vision was to harness the power of technology to make the process more efficient, transparent, and accessible to all students and teachers. The user-friendly interface of the software made it easy for students to navigate through the candidates' profiles and make informed decisions. This created a secure and reliable platform ensured the integrity of the election, providing a sense of trust among ourselves.



DANCE WORKSHOP

30TH Jun 2023

In a dazzling celebration of rhythm and expression, Mukundapuram Public School recently played host to an enchanting dance workshop, captivating the students from Classes 4 to 8. The event, held on 30th June 2023, brought together students, dance enthusiasts, and seasoned choreographers in a vibrant collaboration of movement and creativity. The dance workshop embraced a rich tapestry of dance styles, ranging from contemporary and hip-hop to traditional forms, ensuring

a diverse and inclusive experience for all participants. Students were exposed to the beauty of global dance cultures, fostering an appreciation for the art form's versatility. The dance workshop left an indelible mark on the students of Classes 4 to 8, instilling in them a newfound passion for dance and a deep appreciation for the artistic discipline.



WORLD ZONNOSES DAY

6TH Jul 2023

World Zoonotic Day serves as a global reminder to highlight the importance of addressing zoonotic diseases - those transmitted between animals and humans. The objective of our event was to educate our community about the risks, preventive measures, and the collaborative efforts required to combat

these diseases. One of the key highlights of Ms. Shaji Jose's talk was the lucid explanation of the transmission dynamics of zoonotic diseases. A talk by Dr. Nidhal Noushad with an engaging Q&A session, providing students and faculty an opportunity to seek clarification and delve deeper into specific aspects of zoonotic diseases. The interactive nature of the session fostered a sense of community engagement and a shared commitment to health and well-being for the artistic discipline.



GRAND PARENTS' DAY

15TH Jul 2023

Grandparents' Day in school is a heart-warming occasion that bridges generations and celebrates the invaluable wisdom, love, and experiences that grandparents bring to the lives of their grandchildren. It is a day to honor these cherished family members and recognize the unique

bond between grandparents and students. Grandparents' Day serves as a reminder of the importance of intergenerational connections and knowledge that can be passed down through family ties. It provides an opportunity for students to express gratitude for the guidance and stories shared by their grandparents, fostering a sense of appreciation for family traditions and history.



BLOOD DONATION CAMP

13TH Aug 2023

The success of the Blood Donation Camp at MPS exemplifies our commitment to nurturing socially responsible individuals. By encouraging every-

one to actively participate in community service initiatives, we hope to instill values that extend beyond academic achievements, shaping them into compassionate and responsible citizens who actively contribute to the betterment of society.well-being.for the artistic discipline.



INDEPENDENCE DAY CELEBRATION

15TH Aug 2023

We celebrate Independence Day every year on 15th of August to remember the first day of freedom of India as well as remember all the sacrifices of the great leaders who have sacrificed their lives in getting freedom for India. On the proud occasion of Independence Day, the corridors of MPS resonated with patriotic fervor as students, teachers, and staff gathered to celebrate the spirit of freedom and unity. The day unfolded with a vibrant array of programs that not only showcased the talents of our students but also fostered a deep sense of

patriotism and camaraderie. The celebration began on a delectable note with the Tri-color Food-Making Competition for students of Classes III to V. The young chefs adorned their culinary creations with the hues of the national flag, showcasing not only their cooking skills but also their pride in the tricolor. The aroma of patriotism wafted through the air as the judges sampled the delicious creations, each dish telling a unique story of India's diversity.



VIVA CAMPAIGN FOR GIRLS AND LADY STAFF

15TH Aug 2023

The Kerala Government has decided to screen anemia as part of its 'Vilarchayil ninnu Valarchayilekku' or Viva campaign to deal with the disease. All the women and girls in underwent a test to check their hemoglobin level.



ONAM CELEBRATION

25TH Aug 2023

The celebration commenced with the graceful dance of Thiruvathirakkali, a traditional dance form that holds the essence of joy and unity. Students, adorned in the traditional attire of Kerala, formed circles and swayed gracefully to the rhythmic beats, creating a mesmerizing spectacle that echoed the rich cultural heritage of the land. The air was thick with festive joy as students, faculty,

and staff united to commemorate the grandeur of Onam, the festival of harvest. MPS witnessed a burst of creativity as students came together for Pookkalamalsaram, a competition that showcased breathtaking flower arrangements. The grandeur of the celebration reached its pinnacle with the sumptuous Onam Sadhya, a traditional feast that featured an array of delectable dishes served on a banana leaf. Students and staff sat together, breaking bread in the spirit of unity and togetherness that Onam epitomizes.



TEACHER'S DAY

5TH Sep 2023

The celebration exemplified the spirit of collaboration between students and faculty. From organizing events to decorating classrooms, students actively participated in ensuring that the day was a memorable tribute to their mentors. This collaboration not only strengthened the bond between teachers

and students but also reinforced the sense of community within the school. The Principal and student representatives jointly conferred accolades, acknowledging the invaluable contributions of teachers to the academic and personal growth of their students. Teachers' Day at MPS wasn't just a celebration; it was a collective affirmation of the symbiotic relationship between teachers and students, a relationship that transcends the classroom and extends into the fabric of lifelong learning.



HINDI DIVAS

14TH Sep 2023

नजि भाषा उन्नत अहै सब उन्नत को मूल
बनि नजि भाषा ज्ञान के मटि न हयि कौ शूल

यह प्रसिद्ध दोहा भारतेन्दु हरिश्चन्द्र की प्रसिद्ध कविता नजि भाषा से लिया गया है। इस भाव को आत्मसात करते हुए हिंदी को चौदह

सतिंबर उन्नीस सौ उन्चास को राजभाषा के रूप में मान्यता देकर इसे गौरवमयी पद पर आसीन किया गया। इसी उपलक्ष्य में प्रतिवर्ष मुकुन्दपुरम पब्लिक स्कूल में हिंदी दिवस का आयोजन किया जाता रहा है। विभिन्न प्रकार की प्रतियोगिताओं का आयोजन इस अवसर पर किया गया। हिंदी भारत में नहीं बल्कि विदेशों में भी कामयाबी की तरफ अपने कदम बढ़ा रही है। हिंदी हमारे दिल की भाषा है। हम सभी देशवासियों को इसे बरकरार रखने में कदम से कदम मिलाकर चलना होगा।

धन्यवाद।



SARASWATI POOJA AT MPS

22ND- 23RD Oct 2023

The Saraswathy Pooja celebration at Mukundapuram Public School was a harmonious blend of spirituality, culture, and education. It not only

provided an opportunity s to connect with the cultural roots but also reinforced the school's commitment to holistic development. The event left an indelible mark on the hearts and minds of everyone present, fostering a sense of unity, knowledge, and spiritual well-being within the school community.



FREE EYE VISION SCREENING BY NEHTRA EYE

9TH Nov 2023

On the 9th of November 2023, a transformative initiative unfolded at MPS as Nethra Eye Clinic collaborated with the school administration to conduct a free eye vision screening for students from class 1 to 12. This compassionate endeavour aimed to prioritize the ocular health of our students and

promote a future where clear vision is synonymous with bright opportunities. The success of the initiative hinged on the expertise provided by the skilled professionals from Nethra Eye Clinic. The team of experienced ophthalmologists and optometrists conducted thorough eye examinations, assessing various aspects of visual health, including clarity, focus, and colour perception.



KERALAPIRAVI

1ST Nov 2023

കേരളപ്പിരവി ദിനാഘോഷം അതിവിപുലമായി മുകുന്ദപുരം പബ്ലിക് സ്കൂളിൽ നടത്തി. മലയാള ചെറുകഥാകൃത്തും നോവലിസ്റ്റും ആയ ശ്രീമതി ലിസി ജോയ് കേരളപ്പിരവി ദിനം ഭദ്രദീപം കൊളുത്തി ഉദ്ഘാടനം ചെയ്തു, കുട്ടികളുമായി സംവദിച്ചു. തുടർന്ന് അമ്മന്നൂർ ചാക്യാർ മഠത്തിൽ മാധവ് ബാബു ചാക്യാർ അവതരിപ്പിച്ച ചാക്യാർകുത്ത് കുട്ടികൾക്ക് കേരളീയ തനത് കലയുടെ ഹാസ്യവിരുന്നൊരുക്കി.

മുകുന്ദപുരം പബ്ലിക് സ്കൂൾ അധ്യാപിക മിസ്സ് ജ്യോതിക അവതരിപ്പിച്ച നൃത്ത കലാരൂപം വളരെ ഹൃദയംഗമമായ ഒന്നായിരുന്നു. വിദ്യാർത്ഥിനി വൈഷ്ണവിയുടെ കവിതാലാപനം കേരളപ്പിരവി ദിനത്തിന് മാറ്റുകൂട്ടി. സ്കൂൾ പ്രിൻസിപ്പൽ ഇൻ ചാർജ് ശ്രീമതി നൂറി പി റഫീഖ് അധ്യക്ഷത വഹിച്ചു. വൈസ് പ്രിൻസിപ്പാൾ ശ്രീമതി സ്മിത വി തയ്യിൽ സ്വാഗത പ്രഭാഷണം നടത്തി. സ്കൂൾ അഡ്മിനിസ്ട്രേറ്റർ ലളിത വി, പി ടിഎ പ്രസിഡണ്ട് ശ്രീ വിനോദ് മേനോൻ എന്നിവർ കേരളപ്പിരവി ആശംസകൾ അർപ്പിച്ചുകൊണ്ട് പ്രസംഗിച്ചു. കുമാരി ഭുവന അജിത്ത് നന്ദി പ്രകാശിപ്പിച്ചു.



NATIONAL FRENCH TOAST DAY

28TH Nov 2023

On the 28th of November, our school embarked on a delightful culinary journey to celebrate National French Toast Day. This unique occasion presented an opportunity for students to indulge in the art of making the perfect French toast. What made the day even more special

was the collaboration between students from different classes, with the enthusiastic eighth-graders taking on the role of culinary guides for their younger peers in Class 3. As part of the celebration, a group of talented eighth-grade students took centre stage to demonstrate the artful preparation of French toast. With a passion for culinary arts, these students showcased their skills, sharing step-by-step instructions and culinary tips with their younger counterparts.



INTERNATIONAL BROWNIE DAY

6TH Dec 2023

Mukundapuram Public School recently indulged in a delectable celebration of National Brownie Day, turning the school campus into a

haven of chocolatey goodness. The occasion was marked by a delightful initiative where students had the opportunity to savour and celebrate the beloved brownie through a special sale organized within the school premises.



CHRISTMAS CELEBRATION

22ND Dec 2023

The Christmas celebration kicked off with the mellifluous voices of the school choir, presenting a harmonious group song that echoed the spirit of the season. The students, clad in festive attire, captivated the audience with renditions of soul-stirring melodies, setting the perfect tone for the festive revelry. The Christmas festivities were marked by a delightful array of programs, including group songs, a crib-mak-

ing competition, mesmerizing dances, and a heart-warming gift exchange among the students. The Christmas celebration kicked off with the mellifluous voices of the school choir, presenting a harmonious group song that echoed the spirit of the season. The school's auditorium pulsed with energy as students dazzled the audience with vibrant and festive dance performances. The Christmas celebration reached its pinnacle with a grand culmination, where students, teachers, and staff came together for a festive feast.



MATHEMATICS DAY CELEBRATION

22ND Dec 2023

Mathematics Day is marked to raise awareness about the importance of mathematics. The National Day of Mathematics is the opportunity to explain and celebrate the essential role that mathematics and mathematics education play in breakthroughs in science and technology, improving the quality of life, empowering women and girls, and contributing

to the achievement of the Sustainable Development. The aim of celebrating this day is to highlight the achievements of Srinivasa Ramanujan and to stress the idea that having formal and high-end educational training is not the only way to achieve greater accomplishments. At MPS, the world of numbers came alive as the school joyously celebrated Mathematics Day, a day dedicated to raising awareness about the importance of mathematics and fostering a love for this magical subject. Through quizzes, dances, number formations and artistic expressions, the celebration highlighted the multifaceted nature of mathematics.

UNVEILING FOUNDATION COURSE

23rd Dec 2023

In a pioneering move towards academic excellence and the cultivation of leadership skills, Mukundapuram Public School proudly introduces Foundation Courses for the 8th and 9th grades. This innovative program aims to provide early exposure to empower the students with knowledge and skills that extend beyond the conven-

tional school curriculum. By instilling a strong foundation in Physics and Maths, we aim to prepare students for future academic challenges, including competitive exams and advanced coursework. By focusing on foundational concepts, interactive learning, and advanced topics, the school aims to nurture a generation of scientifically literate and mathematically proficient individuals. This forward-thinking initiative is poised to shape young minds, fostering a passion for the sciences and laying the groundwork for future academic success.



TECH TINKER HUB-ROBOTICS WORKSHOP

30th Dec 2023



The Tech Tinker Hub Robotics Workshop on 30th December 2023 at MPS was a resounding success, emphasizing the school's commitment to providing an enriching and forward-looking educational experience. By involving both parents and students in the exploration of robotics, the workshop not only demystified technology but also fostered a sense of curiosity, collaboration, and innovation. As MPS continues to pave the way for technological literacy, this workshop stands as a shining example of how hands-on experiences can inspire a generation to become creators and pioneers in the dynamic world of robotics and technology.



BOOK FAIR – GREEN BOOKS

3RD-6TH Jan 2024

We transformed our campus into a haven for bibliophiles with the hosting of an enchanting book fair. This literary extravaganza was a celebration of knowledge, imagination, and the joy of reading, as students delved into a world of diverse genres and captivating narratives. The book fair unfolded as a vibrant tapestry of titles

catering to students of all ages and literary preferences. From colorful picture books that beckoned the youngest readers to gripping novels that captivated the older ones, the fair curated a collection that resonated with the diverse tastes and interests of the student body. The fair served as a reminder that within the pages of a book, students could embark on journeys to far-off lands, unlock the secrets of the universe, and explore the depths of their own imagination.



NATIONAL BIRD DAY

5TH Jan 2024

At Mukundapuram Public School, the vibrant celebration of National Bird Day soared to new heights as students and educators joined together to pay homage to our feathered friends. This special day was marked by a series of engaging activities that not only celebrated the diversity of avian life but also fostered a sense

of appreciation for nature and biodiversity. A highlight of the National Bird Day celebration at MPS was the creation of a dedicated Bird Watching Corner within the school premises. This space was transformed into a haven for students to observe and appreciate the beauty of various bird species. Equipped with binoculars, bird identification guides, and comfortable seating, the Bird Watching Corner encouraged students to connect with nature and deepen their understanding of local birdlife.



ROAD SAFETY WEEK

8TH-12TH Jan 2024

In a proactive commitment to imbibe road safety awareness among our students, we observed Road Safety Week with a series of engaging and informative activities. The entire school community came together to underscore the importance of safe practices on the road, ensuring that our students are well-equipped with the knowledge and habits that contribute to responsible road behavior. Road Safety Week at MPS was a resounding success, fostering a sense of responsibility and awareness among our students. A vibrant road safety rally was organized, bringing together students from

classes 2 to 9 in a colorful display of banners, placards, and enthusiastic voices advocating for safe road practices. The rally traversed through the school premises, spreading the message of responsible road behavior to the entire school community. The event not only raised awareness but also showcased the collective commitment of our students to promote road safety. A special assembly dedicated to road safety served as the cornerstone of our efforts during the Road Safety Week. The lively performance of our students featured creative choreography and engaging messages about the importance of wearing helmets, using crosswalks, and being mindful of traffic rules. The flash



NATIONAL CLEAN YOUR DESK DAY

9TH Jan 2024

In line with the school’s commitment to environmental awareness, the Clean Your Desk Day event also emphasized sustainable practices. Students were encouraged to recycle, reuse, and minimize waste while organizing

their desks, promoting an eco-friendly approach to cleanliness. Clean Your Desk Day at Mukundapuram Public School was more than a competition; it was a collective effort to cultivate a culture of cleanliness, organization, and pride in one’s learning space. The event showcased the creativity and responsibility of the students while reinforcing the importance of maintaining a conducive and orderly environment for academic success. Clean and organized desks not only contribute to a positive and focused learning atmosphere but also imbibe lifelong habits of responsibility and self-discipline.

GERMAN LANGUAGE ORIENTATION PROGRAMME

17TH Jan 2024

The German language orientation at Mukundapuram Public School marked the beginning of a new linguistic chapter for students and embodied the school’s commitment to fostering global awareness and cultural sensitivity. As the students embark on their German language journey, they carry with them the excitement of exploration, a deeper understanding of cultural diversity, and the promise of



acquiring a valuable skill that transcends borders. The orientation laid the foundation for a rewarding and enriching language-learning experience that will undoubtedly broaden horizons and nurture a lifelong appreciation for linguistic diversity.



SCHOOL ASSEMBLIES

Assembly works as a source of inspiration and its experiences widen and deepen students' interests. The school assembly is a place where every student feels the school as an organized group and they realize that the assembly is part and parcel of the school routine. School assembly is a gathering of all or part of a school for various purposes, such as special programs or communicating information.





CO-CURRICULAR ACTIVITIES

Co-curricular activities at our school are a vibrant tapestry that includes sports, arts, music, drama, debate, leadership programs, and more. These activities are designed to cater to the varied interests and talents of our students, offering them a platform to explore and excel beyond the academic realm. Whether it's participating in sports competitions, engaging in artistic endeavors, or taking part in leadership workshops, students have the opportunity to discover and develop their unique strengths and passions.

The primary aim of co-curricular activities is to foster holistic development. We believe that education extends beyond textbooks, and by engaging in diverse activities, students can enhance not only their academic knowledge but also their physical, social, emotional, and creative dimensions.



COMMUNITY SERVICES

At our school, we believe that education goes beyond the confines of textbooks and classrooms. Embracing a holistic approach, we actively engage in community programs that inculcate values of empathy, compassion, and social responsibility in our students. Among these impact initiatives are visits to old age homes and orphanages, where our students have the opportunity to connect with and contribute to the well-being of those in need. Community service enhances service orientation in the community through empowering people to give back to the communities by sharing their resources, labor, talents and knowledge. To the volunteers, community service enables them to understand value orientation by enabling them to reflect on the community needs and the nature and state of ethical behavior in relation to others.





21ST SEP 2023

KHEL MPS

In a spectacle of athleticism and sportsmanship, the much-anticipated annual sports meet, "KHEL MPS 2023-24," unfolded at MPS bringing together students from all walks of life in a celebration of physical prowess, teamwork, and spirited competition. The track came alive with a burst of energy as students showcased their speed and endurance in a series of running events. The air reverberated with the whirl of discs and the swift flight of javelins as students tested their mettle in the field events.

The sandpit witnessed moments of graceful flight and precise landings as students showcased their skills in the long jump and high jump. The football pitch echoed with cheers as teams battled for supremacy in one of the most anticipated events of KHEL MPS 2023-24. Behind the scenes, the sports meet was the culmination of months of rigorous training, dedication, and teamwork. Teachers, and students collaborated to ensure that each participant was not only physically prepared but also imbued with the values of sportsmanship and fair play.





MPS 94 FM

CAMPUS RADIO

In a grand celebration of creativity and community spirit, Mukundapuram Public School launched its very own FM radio station ON 14TH November, 2023; MPS 94 FM-Tune into Happiness- with an electrifying event that captivated the school community. The air was filled with excitement as students, parents, faculty, and staff gathered to witness the unveiling of this remarkable addition to the school's cultural landscape. The ceremony kicked off with a grand inauguration, symbolizing the official commencement of MPS 94 FM. The launch event served as a preview of the exciting journey ahead, where the station aims to amplify the voices of the school's talented individuals.





PTA MEETINGS

Parent-Teacher Associations (PTA) play a pivotal role in fostering a strong and supportive bridge between educators and parents within school communities. Their significance extends beyond fundraising activities, encompassing a range of responsibilities that contribute to the overall well-being and success of students.

WE host Parent-Teachers meeting, a pivotal platform that underscores the school's commitment to fostering collaboration between parents and educators. This gathering provides a valuable opportunity for open communication, sharing insights, and reinforcing the partnership between home and school in the holistic development of students.





INTERNATIONAL DAY AGAINST DRUG ABUSE & ILLICIT TRAFFICKING

26TH Jun 2023

The International Day against Drug Abuse and Illicit Trafficking, or World Drug Day, is marked to strengthen action and cooperation in achieving a world free of drug abuse. The aim of this year's campaign is to raise awareness about the importance of treating people who use drugs with respect and empathy; providing evidence-based, voluntary services for all; offering alternatives to punishment; prioritizing prevention; and leading with compassion.



INTERNATIONAL SELF CARE DAY

24TH Jul 2023

On the 24th of July, 2023, Our school took a significant stride towards prioritizing well-being by observing International Self-Care Day. The event, thoughtfully organized within the school premises, aimed to raise awareness about the importance of self-care and holistic health among students and staff. A key highlight of the day was an enlightening talk delivered by our esteemed school nurse, Ms. Shaiji Jose. With a wealth of knowledge and a passion for promoting health and wellness, she engaged the audience with valuable insights and practical tips on incorporating self-care into daily routines.



WORLD SUICIDE PREVENTION DAY

11TH Sep 2023

In observance of World Suicide Prevention Day, Mukundapuram Public School took a proactive step towards fostering mental health awareness and resilience within the student community. The school counsellor,

Ms. Saritha Toji, conducted a poignant and enlightening awareness class on 11th September 2023 for students from Classes 6 to 12. The session not only addressed the sensitive topic of suicide prevention but also aimed to instill a sense of empathy, support, and the importance of mental well-being.



CAREER GUIDANCE SESSION

13TH Oct 2023

In a bid to empower students with informed career choices and provide parents with valuable insights into their children's educational journey, Mukundapuram Public School organized an impactful awareness and career guidance session. Renowned Career Guru Dr. P.R.

Venkitaraman graced the occasion, offering his wealth of knowledge and experience to students of classes 8 to 12 and their parents, ranging from classes 6 to 12. The primary objective of this event was to bridge the information gap regarding career choices, educational pathways, and the ever-evolving job market. Students were encouraged to explore their passions and consider diverse career pathways, ensuring a well-rounded and fulfilling educational journey.

COUNSELLING SESSIONS



9TH Dec 2023

In a bid to empower students and provide them with valuable insights into their children's educational journey, Mukundapuram Public School organized an impactful awareness and counselling class. Mr. Jomi Sensorium (Writer/Math Teacher/Educationist) offering his wealth of knowledge and experience to students of classes 9 to 12 on how to overcome exam fear and score better grades.



COUNSELLING SESSIONS

21st Dec 2023

An astonishing Counselling session with the Renowned personality , Social Entrepreneur and Magician

Mr. Gopinath Muthukad was held on Thursday , 21st December, 2023, at Latha Convention Centre, Kothakulam, from 11:00 a.m. to 1:00 p.m.



ART FEST VERVE



2023 - 2024

Mukundapuram Public School radiated with artistic fervour and creative energy as it hosted its much-anticipated Arts Fest, VERVE 2023-2024, from 26th October to 28th October. The three-day extravaganza unfolded as a celebration of talent, innovation, and cultural diversity, engaging students from classes PKG to 12 in a kaleidoscope

of artistic expressions. The festival was inaugurated with great pomp and honour by the esteemed Mr. Jithin Raj, the 53rd Kerala State Film Award Winner for Best Children's Film (Pallotty 90's Kids). VERVE 2023-2024 showcased an array of artistic endeavours, with students participating in various competitions and exhibitions tailored to their age groups and interests.



From vibrant visual arts displays and intricate crafts to captivating musical performances and dramatic expressions, every facet of the arts found its place on the festival stage. The creativity and passion exhibited by the students were nothing short of awe-inspiring.

ASISC KERALA REGIONAL CULTURAL FEST - AVILION(2023-24)

Mukundapuram Public School proudly played host to the much-anticipated ASISC Kerala Region Cultural Fest - Avilion 2023 for Zonal Category 1, comprising the youngest and most enthusiastic participants from LKG and UKG. The cultural extravaganza unfolded on the vibrant campus of MPS on the 3rd of November, creating an atmosphere of joy, celebration, and creative expression. The day began with an infectious sense of excitement as little ones from various schools gathered to partake in a day of artistic exploration and cultural celebration. The venue, adorned with colorful decorations, echoed with the laughter and energy of the young participants, setting the stage for a memorable event. Mukundapuram Public School's triumph at Avilion, securing the Overall Second Champion Trophy, is a testament to the dedication, talent, and collaborative spirit within the school community





ANNUAL STUDENTS TOUR

Every academic year, our school embarks on a thrilling adventure that goes beyond the confines of classrooms and textbooks - the much-anticipated Annual Tour. Embarking on an annual tradition of exploration and adventure, the students of Mukundapuram Public School eagerly set forth on a memorable excursion.

The school had meticulously organized three different tours catering to various age groups. Classes 9 to 12 ventured to the culturally rich city of Mysore, classes 6 to 8 explored the picturesque landscapes of Munnar, and the youngest learners from classes 1 to 5 enjoyed a day of excitement at the Water Theme Park. The annual excursion not only broadened the students' horizons but also provided them with an opportunity to bond with their peers and teachers outside the confines of the classroom.







**ANNUAL
STUDENTS
TOUR**



FIELD TRIPS

The field trip offered a dynamic platform for students to witness theoretical knowledge come to life. Guided by knowledgeable instructors and teachers, students had the opportunity to engage with exhibits, participate in interactive demonstrations, and ask questions that extended beyond the boundaries of a traditional classroom setting. The hands-on experiences not only reinforced classroom learning but also ignited a sense of wonder and curiosity.

The main objective of field visit is to reinforce experiential and contextual learning. Field trips are a way of enhancing classroom learning by making real world connections. Field trips expose students to different lifestyles, places and eras. The field trip at our school was more than just a day away from the routine; it was an immersive learning experience that left a lasting impact on the students.





SAFETY INITIATIVES

In a steadfast commitment to the well-being of its students, we have undertaken comprehensive safety initiatives, ensuring a secure learning environment. Among these initiatives, earthquake and fire drills have been conducted to empower students with the knowledge and skills needed to respond effectively in emergency situations.

Students are provided with information on the science behind earthquakes, fire safety measures,

and the importance of remaining calm during emergencies. The success of these safety initiatives is a result of collaborative efforts involving students, teachers, support staff, and parents. Regular communication about safety protocols, informative sessions, and involving the entire school community contribute to a collective understanding of the importance of these drills.

FIRE EVACUATION MOCK DRILL 5TH JANUARY, 2023



EARTHQUAKE EVACUATION MOCK DRILL 19TH SEPTEMBER, 2023



GREAT ACHIEVEMENTS

In a steadfast commitment to the well-being of its students, we have undertaken comprehensive safety initiatives, ensuring a secure learning environment. Among these initiatives, earthquake and fire drills have been conducted to empower students with the knowledge and skills needed to respond effectively in emergency situations.

Students are provided with information on the science behind earthquakes, fire safety measures, and the importance of remaining calm during emergencies. The success of these safety initiatives is a result of collaborative efforts involving students,









NATIONAL LEVEL ABACUS WINNERS'



 **Mukundapuram Public School**
Senior Secondary, Affiliated to CISCE, Aff.No KE094
Kallamkunnu Road, Nadavaramba, Irinjalakuda, Pin: 680661



Vesta Bala Kalolsavam 2023

11TH NOVEMBER 2023

Congratulations



Olive Ann
Class 6

FIRST PRIZE in fancy dress at
Vesta Bala Kalolsavam 2023



EDUCATORS CANVA





Noori P Rafeek
Principal

HARMONY OF EXISTENCE: EMBRACING THE UNFILTERED LIGHT

They survey their surroundings, selectively embracing
Only what aligns with their favoured perspective,
Blind to the stark truths that persist,
Existing in the comfort cocoon they've woven.
In the tapestry of existence, weave threads of awareness,
See beyond the veil of preference, confront the raw,
For within challenges lie lessons, profound and transfor-
mative,
And in opportunities, discover pathways to ascend.

From sunrise to sunset, amidst the bird symphony,
They remain indifferent to unvarnished realities,
Choosing ignorance over the turbulence within.
The heart's whispers, honour them, let them guide,
As vulnerabilities fade, resilience takes its stand,
In the crucible of adversity, forge your mettle,
Let modesty be the embers that kindle your fire.

Challenges demand vigilant attention,
Opportunities beckon to be seized,
Vulnerabilities are met with resilience,
Modesty, a spirit's relentless combustion.



Dusk to dawn, let your vision pierce the shadows,
Embrace the nuances, the hues of reality untold,
In the silence between heartbeats, listen closely,
For therein lies the symphony of your untold story.

Open your eyes wider, perceive more keenly,
Embrace the struggles, seize every chance,
Conquer vulnerabilities with unwavering strength,
Let modesty fuel, not dampen, your spirit's blaze.
Through the valleys of challenges, resilient you stand,
A sculptor of fate, moulding destiny with your hand,
Opportunities beckon, a celestial call,
Embrace them wholeheartedly, rise and stand tall.

Refuse to be a bystander in the theatre of life,
Partake in its grand narrative with unyielding vigour,
Watchful, seizing, overcoming, and burning bright,
In this cosmic dance, be the choreographer of your destiny.
Modesty, not as chains, but as wings to soar,
In the vast expanse, let your spirit explore,
Burn with a passion that refuses to wane,
A beacon of light, cutting through life's terrain.





Elton Baptista
CE Faculty

DEVELOPING ENGLISH PROFICIENCY - NEED OF THE HOUR

Developing English proficiency is of paramount importance for students due to its widespread use as a global language in various fields. Here are some key reasons why English proficiency is crucial for students:

1. Academic Success:

Many academic resources, research papers, and educational materials are available in English. Proficiency in English allows students to access a broader range of information and knowledge, which can significantly enhance their academic performance.

2. Communication Skills:

English is often considered the lingua franca of the modern world. Developing English proficiency equips students with effective communication skills that can be used not only in their academic pursuits but also in their personal and professional lives.

3. Career Opportunities:

In today's globalized job market, English is a valuable skill that employers often seek. Proficiency in English opens doors to a wider range of job opportunities, both domestically and internationally. Many multinational companies use English as their primary or secondary language of communication.

4. Higher Education:

For students aspiring to pursue higher education abroad, English proficiency is usually a requirement for admission. Most universities and colleges in English-speaking countries require students to demonstrate a certain level of English language skills through standardized tests like TOEFL or IELTS.



5. Networking and Cultural Exchange:

English proficiency enables students to connect with peers from diverse backgrounds and cultures. It facilitates cross-cultural interactions, leading to a deeper understanding of different perspectives and fostering global friendships.

6. Access to Information and Technology:

A significant portion of online content, including articles, videos, courses, and tutorials, is available in English. Proficiency in the language allows students to stay updated with the latest information and technological advancements.

7. Personal Growth:

Learning a new language, like English, stimulates cognitive abilities and enhances overall brain function. It challenges students to think in different ways and broadens their horizons, contributing to personal growth and development.

8. International Travel:

English proficiency makes traveling to En-

glish-speaking countries more comfortable and enjoyable. It enables students to navigate different situations, communicate effectively with locals, and fully immerse themselves in the culture.

9. Cross-Disciplinary Learning:

English is used across various academic disciplines, from science and technology to arts and humanities. Proficiency in English allows students to explore interdisciplinary subjects and gain a more holistic education.

10. Soft Skills Development:

Learning English involves more than just vocabulary and grammar. It hones skills such as critical thinking, problem-solving, and creativity as students engage with different types of texts and ideas.

In conclusion, developing English proficiency is essential for students to succeed academically, communicate effectively, access global opportunities, and engage in a rapidly evolving world. It empowers students to become well-rounded individuals capable of contributing to various spheres of society. Don't delay, start today and create a promising tomorrow.





Ms.Sreevidhya.E
Librarian

READING IN THE DIGITAL AGE

Back in the day, life was pretty simple for a bookworm. Hardbound or paperback? Buy or borrow? There was no other way to read a book but to curl up in your favorite corner and dive into its pages. But in this digital age, a book can be published in various ways. More worlds and perspectives are open to hungry readers, and authors have more choices for marketing strategies and publishing formats. The digital revolution has done much to reshape how students read, write, and access information in school. Once-handwritten essays are now word-processed. Encyclopedias have yielded to online searches. And a growing number of assignments ask students to read on digital screens rather than in print. Today, we can devour books on a printed page, a pixelated screen, or as an audiobook. Your entire library, whether hundreds or thousands of titles, in an electronic device you can take with you anywhere—this is, perhaps, the biggest draw of an e-book reader. You can purchase an e-book from the comfort of your home, before a long flight, or while hanging out with your four-legged buddy at the dog park. E-books are often cheaper than their physical counterparts, so you save money and precious shelf space. And because you can increase the font size of an e-book, it's also a great option for those with reading disabilities or sight issues. If you're great at multitasking or just don't have the time to sit down with a book, then audiobooks might be for you. You can listen to a memoir or a travel book during your morning and evening walks or daily drive more enjoyable.





When you're at home, you can finish a horror, or romance novel while completing household tasks such as cooking, cleaning, or doing laundry. You can listen to several chapters while exercising on your treadmill or stationary bike. You're resting your eyes while getting things done—all while getting lost in another world or exploring someone else's perspective. The biggest challenge to reading attentively on digital platforms is that we largely use digital devices for quick action: Look up an address, send a Facebook status update, grab the news headlines, multitask between online shopping and writing an essay. When we go to read something substantive on a laptop or e-reader, tablet, or mobile phone, our now-habitualized instincts tell us to move things along. Digital technology is still in its relative infancy. We know it can be an incredibly useful educational tool, but we need much more research before we can draw firm conclusions about its positive and negative features. In the case of reading, our first task is to make ourselves aware of the effect technology potentially has on how we wrap our minds around the written word we encountered in print versus onscreen. Our second task is to embed that understanding in our larger thinking about the role of writing as a means of communicating and thinking.

Pages and pixels are here to stay in our lives and in our schools. To succeed in this digital age, young learners must cultivate a "bilit-erate reading brain"—one that is capable of critical analysis, empathy, and a high level of comprehension no matter the medium. By building deep reading skills in this digital age, readers can have the best of both worlds.



Sobha Sivaraman
KG Teacher

SANGAMGRAMA MADHAVAN

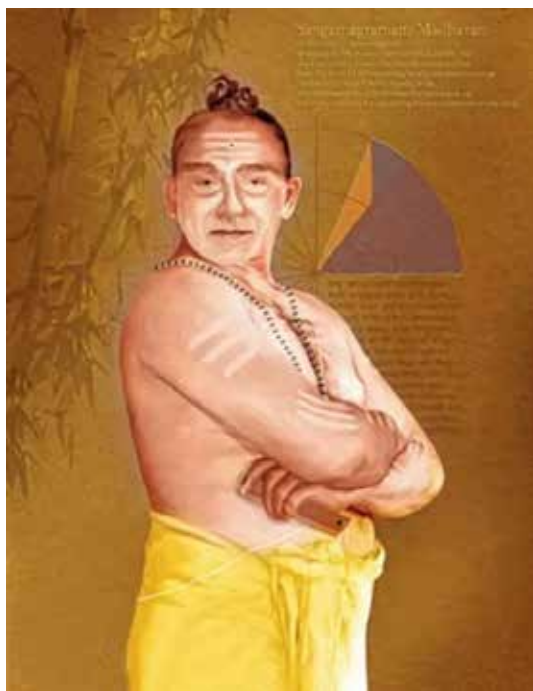
Sangamgrama Madhavan was a mathematician and astronomer who lived in Irinjalakuda, Kerala. His real name was Irinjatappilli Madhavan Namboothiri. His important discoveries are in the fields of algebra, trigonometry, exact evaluation of pi (π), and calculus. These have later helped the development of science in India and the West. Ananthasreni considers him the founder of mathematics in Kerala. It was he who discovered the mathematical methods used by Western scholars two centuries before. Madhavan, born in 1340, was the first in the world to devise a method of determining the circumference of a circle at a precise level using the infinite series. It was only after three centuries that Western scholars like James Gregory, Leibniz and Lambert discovered the method of determining the circumference of a circle using the same method. However, the credit for this discovery still belongs to Gregory and his colleagues.

Madhavan was born in Irinjalakuda in Thrissur district. He has introduced himself in his works as Madhavan of Sangamgram. The village of Sangam is Iringalakuda (Sangamesan - the village where Bharata lived). Vadasery Parameswaran's guru was Madhavan, who developed the mathematical system called Drigganitam. Madhavan died in 1425.

Works

Madhavan's famous work is Venvaroham, written in Sanskrit in 74 verses on palm leaves in 1400. This book presents innovative ways to know the exact position of the moon to help astrologers. Lagnaprakarana, according to Mahajyanayana, according to Madhyamanayana, Aganita, Aganita Panchangam and Aganita Grahacharam are other works believed to have been composed by Madhavan.

Lagnaprakaranam has been discovered and published by the Archaeological Research Center of St. Joseph's College, Iringalakuda. It was published as part of the research project Life and Contributions of Sangamgram-amadhavan.



Biography

1340 birth

1400 composed 'Venvaroham'.

A mathematical method for determining the position of the moon was invented. The value of pi is found correct to 10 decimal places

Invented infinite series of sentences

1425 Death



Dipti M.B.
KG Teacher

A CHILD

My life is dreamful.
My memories are beautiful,
I want to live life with full of fun,
I want to shine like the sun.
My mind has many questions.
My parent's solve it in simplification.
I like to dance and sing every day,
I like to express every emotion someday.
Sometime I feel people don't get it,
I don't want to be like people. who regret it.





Elton Baptista
CE Faculty

LIFE SKILLS & FUTURE READY KIDS

Developing life skills early on is crucial for personal growth, success, and well-being. These skills empower individuals to navigate various challenges and situations that they will encounter throughout their lives. Here are some important life skills to focus on developing early:

- Teaching effective communication skills helps children express themselves clearly, listen actively, and engage in meaningful conversations. This skill is essential for building relationships, resolving conflicts, and succeeding in academic and professional settings.
- Encourage children to question, analyze, and evaluate information and situations. Critical thinking fosters problem-solving abilities, decision-making skills, and the capacity to make well-informed choices.
- Help children understand and manage their emotions, as well as empathize with others. Emotional intelligence contributes to strong interpersonal relationships, conflict resolution, and overall mental well-being.
- Teach kids how to prioritize tasks, set goals, and manage their time effectively. Learning to balance responsibilities, commitments, and leisure activities is a skill that will benefit them throughout their lives.
- Instill the ability to bounce back from failures, setbacks, and challenges. Resilience helps children develop a positive mindset and the determination to persevere in the face of adversity.
- Encourage a proactive approach to solving problems by identifying issues, brainstorming solutions, and adapting strategies as needed. This skill is invaluable for over-



coming obstacles in various contexts.

- Introduce basic concepts of money management, budgeting, saving, and responsible spending. Early financial education sets the foundation for responsible financial habits in adulthood.
- Teach the importance of taking care of one's physical, mental, and emotional well-being. Developing self-care routines promotes a healthy lifestyle and prevents burnout.
- Foster flexibility and adaptability in the face of change. The ability to adjust to new situations and environments is essential for personal and professional growth.



- Provide opportunities for children to take on leadership roles and responsibilities. Leadership skills include effective communication, decision-making, and inspiring and motivating others.
- In today's digital age, teach kids how to use technology responsibly, critically evaluate online information, and protect their digital identities.
- Guide children in resolving conflicts through effective communication, negotiation, and compromise. This skill contributes to healthy relationships and a peaceful environment.
- Cultivate empathy by helping children understand and share the feelings of others. Empathy supports positive social interactions and promotes understanding and compassion.
- Teach children how to make thoughtful and informed decisions by considering pros and cons, potential consequences, and long-term impacts.

It's important to remember that developing these life skills is an ongoing process. Parents, caregivers, educators, and mentors play a significant role in modeling and teaching these skills through real-life experiences, discussions, and activities. Encouraging a growth mindset and creating a supportive environment will enhance a child's ability to acquire and apply these essential life skills.

- Encourage teamwork, cooperation, and effective collaboration with others. These skills are crucial for success in group projects, work environments, and social interactions.



Vidhu P Vijayan
English Teacher

“WAVES OF BLUE “



*Under the open sky so high,
Where the ocean meets the sky.
Waves of blue, a gentle tune,
Dancing under the shining moon.
Up and down, they rise and fall,
Whispering secrets to the shore's call.
A dance of water, simple and free,
Painting the sea in shades of glee.
Touching the horizon, they say hello,
A meeting point where colors glow.
Blueish waves, a calming sight,
Bringing peace with every light.
In the sun's warm and golden gleam,
A watery ballet, a tranquil dream.
Simple waves, a soothing song,
Nature's lullaby all day long.*



रेखा.टि.एस
अध्यापिका

शिक्षक



शिक्षक हमारे जीवन के मार्गदर्शक,
उनकी छाया में है, सफलता का अर्थ।
ज्ञान की किरणों से हैं भरपूर,
शिक्षक हमें देते हैं जीवन का सार।
शब्दों की बौछार, ज्ञान का प्रवाह,
शिक्षक हैं सदैव, हमारे साथ।
विद्या के सागर में शिक्षक हैं तारा,
उनके बिना जीवन है, सूना सा सारा।
उनके ज्ञान भरे शब्दों में
छुपा है जीवन का अद्भुत सफर।
ज्ञान की राह पर हैं वे हमारे साथ,
शिक्षक हैं अद्वितीय, हमारे साथ।
आदर करते हैं हम, उनकी उपस्थिति को,
शिक्षक हैं अमृत, जीवन के साथी को।
धन्यवाद है उनको, हर क्षण के लिए,
शिक्षक हैं हमारे जीवन के महके फूल।



Shaiji Jose
Nurse - MPS

DONATE BLOOD TO SAVE LIVE

Blood is a lifeline, which cannot be manufactured outside the body and has no substitute. Blood donation is an essential component of health care that contributes to save millions of lives each year in both routine and emergency situations. Blood has a limited shelf life, which increases the demand of replenishing the supply constantly by generous blood donors to meet the huge requirement. As a human being, we all must donate blood to save lives. A single drop of blood donated, has the power to transform and save the precious lives of the people around you. Blood donation is the best priceless attitude of human kindness that one can ever do to save someone's life. Individuals can play an active role in saving lives and improving healthcare systems worldwide by understanding the value of blood donation.



World Blood Donor Day

World Blood Donor Day (WBDD) is celebrated all over the world on June 14th to raise awareness on blood donation and the crucial need of blood donors for safe blood. WBDD

highlights the role of every single person can play by giving the valuable gift of blood and also thank all blood donors for their life saving gift of blood.

Who are eligible to Donate Blood?

Healthy adults- both male and female

Age group -18 to 60 years

Body weight - not less than 45 Kg

Hemoglobin - not less than 12.5 g/Dl.

Male can donate every 3 months

Female can donate every 4 months



Most Common Blood Group in India

Blood Type	Percentage	Remarks
O+	32.53%	The most common blood group is O positive
O-	2.03%	Universal Donor is O-ve group
A+	21.8%	
A-	1.36%	
B+	32.09%	The second most prevalent blood group is B positive
B-	2.01%	
AB+	7.70%	Universal Recipient is AB +ve blood group
AB-	0.48%	AB negative is the rarest blood group in India

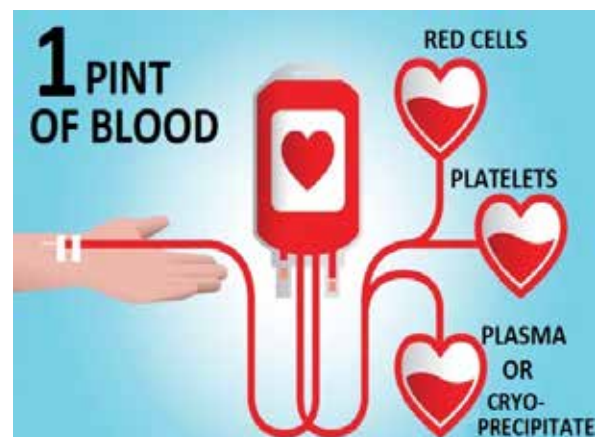
Blood Group Compatibility

When a transfusion is given, it is preferable for patients to receive blood and plasma of the same ABO and RhD group. However if the required blood type is unavailable, a patient may be given a product of an alternative but compatible group as shown below.

Blood Type	Gives	Receives
A+	A+, AB+	A+, A-, O+, O-
O+	O+, A+, B+, AB+	O+, O-
B+	B+, AB+	B+, B-, O+, O-
AB+	AB+	Everyone
A-	A+, A-, AB+, AB-	A-, O-
O-	Everyone	O-
B-	B+, B-, AB+, AB-	B-, O-
AB-	AB+, AB-	AB-, A-, B-, O-

A person with AB+ blood type can receive blood from all of the major blood type groups. At the other extreme people with O- blood type can only receive blood from donors with the same blood type. In emergency situations, when the recipient's blood type is unknown, the person can receive type O negative red cells without producing an ABO or RhD incompatibility reaction.

How can one donation help multiple people? One blood donation (475 ml) can save up to three persons lives. Patients may receive a pint of whole blood or just the specific components of the blood that are needed to treat their particular condition. The components that can be derived from donated blood are red cells, platelets, plasma, and cryoprecipitate. Blood is essential for a person to stay alive and the availability of safe and sufficient blood for transfusions ultimately saves countless lives worldwide.



Be compassionate and promote a culture of giving to make a significant impact on the well-being of others. Blood donation is a selfless act that can make a profound difference in the lives of others.



Mrs. Beena MR



ध्येय

सुबह की लालिमा को लिए
आया है, सूरज हमारे आँगन में
कर नमन और ध्यान मगन
लेकर उस दिव्य रोशनी से
भर ले अपने हर्ष- उन्माद

नियति हमें सिखाती है पल- पल

दूर करो, अपने अहंकार को

साथ देंगे पराए भी,

अगर हो, तुम्हारे सद्व्यवहार

लिए अरमानों की पोथी बाँधे

चल पडे ,हम जीवन की राह

मिलेगी हर एक को ,मंजिल तभी

जब होंगे इरादे मजबूत, न भूल,

ईश्वर से विनती और अपनों का साथ

करना है, अब भी हमें बहुत कुछ

राहे खुली है, राहगीरों की तलाश में

करना है, इस ध्येय को पूरा

अपने अथक जी- जान से ।

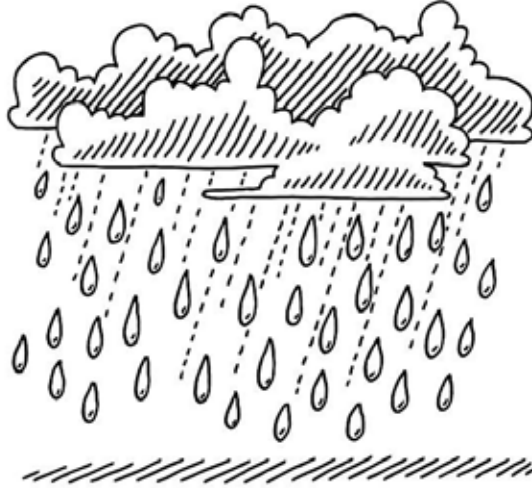
अध्यापिका

बीना एम आर



വേനൽമഴ

റുമൈസ
അധ്യാപിക



കൊതിയോടെ ജ്വലിക്കുന്ന നഗ്നങ്ങളാൽ
പ്രതീക്ഷയുടെ തീ നാമ്പുകൾ ഉള്ളിലേറി
അടക്കാനാവാത്ത ദാഹത്താൽ
ഒരു കൈകുമ്പിൾ തെളിനീരായി മാനുഷർ

വരണ്ടുണങ്ങിയ വഴിത്താരകൾ
വിണ്ടുകീറിയ കോൾപ്പാടങ്ങൾ
ചുട്ടുപൊള്ളുന്ന മണൽത്തരികൾ
ഉറവ വറ്റിയ നദീതടങ്ങൾ

ആശ്വാസത്തിന്റെ കുളിർമഴയായി
ദൈവത്തിൻ വരദാനമായി
പ്രകൃതിയുടെ ദാഹശമനത്തിനായി
വരവേൽക്കാനായി കാത്തുനിൽപ്പൂ...

നീ തുളുമ്പുന്ന ഒരിറ്റുജലത്തിൻ ശ്രേഷ്ഠത
അതൈത്രയോ വില മതിക്കില്ല മറ്റൊന്നും
നിർഭാഗ്യമെന്നെന്താൽ.....
തിരിച്ചറിവില്ലാതെ പോയി ഈ
ജനതയിൽ നിൻ മൂല്യമത്രയും

വിദ്യാസമ്പന്നരല്ലോ...
സ്ഥാനമാനവുമെന്നവും, വെള്ളവും, ജ്ഞാനവും
പണത്തിനു വാങ്ങുവാനറിവുള്ളൊരെങ്ങും
ഗ്രാമങ്ങൾ പാടേ മരന്നു
നഗര സംസ്കാരമാകേ പടർന്നു
സമയമില്ലാർക്കും സമയമില്ല
നേടി മതിയായില്ലാർക്കുമീ പാരിൽ...

പക്ഷേ ...
ഭൗതിക നേട്ടങ്ങൾ മാത്രമല്ലുണ്ണീ
ചോർന്നിരിക്കുന്നു നിൻ മൂല്യപാത്രം
സ്നേഹിക്കൂ നീ നിന്റെ പ്രാണനെ പോൽ
ജീവവായുവും മണ്ണും മനുഷ്യനെയും

നേടിയതൊന്നുമല്ലൊന്നുമല്ല...
നേടാനിരിക്കുന്നു പോയ്പോയ സത്ഗുണങ്ങൾ
വിത്തു പാകിയും കൊയ്തും നടന്നിരുന്നോർ
അന്നമുണ്ടാക്കി ഭൂമിയെ കാത്തിരുന്നോർ
കൈകൂപ്പി വാണു ജലദേവതയെ
ഉള്ളതിൽ നിന്നുമെല്ലാർക്കും നൽകിടുന്നോർ
സന്മാർഗ്ഗത്തിൻ, സ്നേഹവായ്പിൻ കരുത്തുള്ളോർ
വരും തലമുറക്കായി കരുതിവെച്ചിരുന്നോർ

പോയി മറഞ്ഞു ആ നന്മരങ്ങൾ
എങ്കിലും നട്ടുനനക്കാമിനിയും
വിടർന്നിടട്ടേ സുഗന്ധം പരത്തും
സ്നേഹത്തണലുകളെങ്ങും...

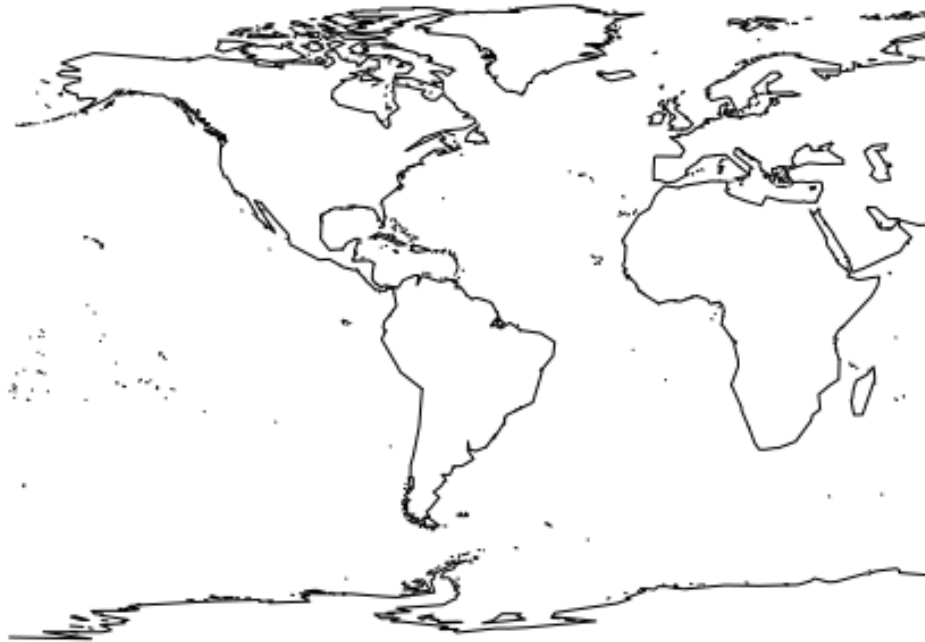
രക്തം മണക്കുന്ന നാടിനെയല്ല
വളർത്തിടാം കരുത്തുറ്റ മാനുഷരെ
മലിനമാകാത്ത മണ്ണും, വായുവും
വിഷം പടരാത്ത അന്നവും
തണ്ണീർത്തടങ്ങളും

കൈകോർത്തു നിൽക്കാം ഒരു പുതുമഴക്കായി..
നമുക്കൊന്നായി നനയാം ആ വേനൽമഴ.....!!!!!!



Elton Baptista
CE Faculty

EMBRACING A WORLD WITHOUT BOUNDARIES WHICH DO YOU PREFER?



In a world where technology bridges the gaps that once divided us, the concept of boundaries has evolved into something fluid and malleable. As societies interconnect, cultures intertwine, and communication transcends physical limitations, the idea of a world without boundaries has begun to take shape. Imagine a realm where national borders, linguistic barriers, and cultural divides are rendered obsolete - a world united by shared goals, values, and a collective sense of humanity.

One of the most prominent features of a boundary-free world is the dissolution of physical barriers that once separated nations and peoples. Imagine being able to travel from one corner of the globe to another without encountering immigration restrictions or bureaucratic hurdles. No more passports, visas, or



customs checks – only a world where exploration and movement are truly unrestricted.

The benefits of such a reality are immense. Tourism would flourish, fostering a deeper understanding of diverse cultures. Professionals and students could freely move to places that align with their interests, fostering global collaboration in education and innovation. This enhanced mobility would promote a greater exchange of ideas and experiences, leading to a richer tapestry of human history.

Language has often been a barrier to effective communication and understanding. In a world without boundaries, this challenge would also be addressed. Advanced language translation technologies would enable seamless conversations between individuals speaking different languages. This linguistic unity would open up opportunities for cross-cultural friendships, international business collaborations, and a more comprehensive dissemination of knowledge.

A boundary-free world would see the merging of cultures on an unprecedented scale. As people from diverse backgrounds interact and share experiences, new hybrid cultures would emerge. Foods, art, music, and traditions would blend; giving rise to a global cultural tapestry that celebrates both our shared human experiences and our unique identities.

While the idea of a world without boundaries is undoubtedly appealing, it's essential to acknowledge the challenges and complexities that would arise. National identities and cultural heritage might face dilution in the face of such integration. Ensuring equitable distribution of resources and opportunities would require careful planning to prevent power imbalances.

Moreover, the concept of governance would need to evolve to address this new reality. The current nation-state system, built upon territorial boundaries, might need to give way to a more interconnected and cooper-

ative global governance model. Balancing individual freedoms with collective responsibility would be crucial.

In this borderless world, it's important to find ways to preserve the diversity that enriches human civilization. While fusion and integration would be encouraged, efforts must be made to ensure that unique traditions, languages, and cultural expressions are not lost in the process. Celebrating diversity while fostering unity would be a delicate balancing act.

The idea of a world without boundaries presents an inspiring vision of unity, collaboration, and understanding. The advancements in technology and communication that have brought us closer together also offer the potential to transcend the limitations that once defined our interactions. While challenges undoubtedly lie ahead, the prospect of a world where physical, linguistic, and cultural boundaries fade away is a tantalizing one. As we move forward, embracing the values of empathy, cooperation, and shared responsibility will be key to realizing a future where humanity flourishes as a united global community.



Vidhu P Vijayan
English Teacher

“WHISPERS OF THE NIGIRIS”

Embarking on a winding road journey from Masinagudy to Ooty was like stepping into a dream, where the lush landscapes of the Nilgiri Hills unfolded like a living painting.

Our adventure began in Masinagudy, surrounded by the rich hues of emerald-green forests. The air was crisp, carrying the sweet fragrance of blooming flowers and the earthy scent of the wilderness. As we drove, the rhythmic melody of birdsong became our travel companion, serenading us through the dense canopies.

The road gracefully climbed, revealing breath-taking vistas at every turn. Valleys stretched out beneath us like vast, green carpets, dotted with vibrant wildflowers. The Nilgiri Mountains stood tall, their peaks kissing the clouds, creating an ethereal backdrop that seemed to touch the heavens.

Along the way, we encountered charming little villages where locals greeted us with warm smiles. The air became cooler as we ascended, and the landscape transitioned into picturesque tea estates. Rows of tea bushes dressed in varying shades of green, as if painted by an artist's gentle strokes.

As we approached Ooty, the Queen of the Nigiris, the atmosphere changed. The town welcomed us with its colonial charm and quaint architecture. Streets lined with

colourful blossoms led us to the heart of Ooty, where the iconic Botanical Gardens awaited.

Wandering through the gardens, we were surrounded by an exquisite display of flowers from around the world. The fragrance of blooming roses and the sight of vibrant lilies created a sensory symphony that echoed the beauty of the journey itself.

As the sun dipped below the horizon, painting the sky in warm hues, we found ourselves at the famous Doddabetta Peak. Standing at the highest point in the Nigiris, we marvelled at the panoramic views of the rolling hills and the valley below, as city lights flickered like stars. A ride aboard the Nigiri Mountain Railway was a nostalgic journey through emerald landscapes. Lined with vibrant blossoms from around the world, the Botanical garden was a visual feast.=

At each pit stop, the mist embraced us, wrapping us in its cool embrace. The visibility became limited, adding an element of thrill and anticipation to the journey. it was a soul-stirring experience, a harmonious blend of nature's wonders and the cultural richness of the Nigiris. The memories created along those winding roads and mist-kissed landscapes became a cherished chapter in the book of our adventures.



കുഞ്ഞച്ചി



കാടുപിടിച്ചു കിടക്കുന്ന ആ പറമ്പിലേക്ക് കാലേടുത്ത് വച്ചപ്പോൾ അമ്മായി പിന്നിൽ നിന്നും വിളിച്ചു പറഞ്ഞു. “മീനു സൂക്ഷിച്ചു പോകണം, അവിടെ പാമ്പും മറ്റ് ഈഴജന്തുക്കളും ഉണ്ടായിരിക്കും. അതൊക്കെ വെട്ടിതെളിച്ച് ഏറെ ആയിട്ടുണ്ട്”.

ഞാനെന്നും മിണ്ടിയില്ല പുഞ്ചിരിച്ചു. ഈ കാടു പിടിച്ച പറമ്പ് ഒരുകാലത്ത് ഒരു സ്വർഗം തന്നെയായിരുന്നു. ബാല്യത്തിൽ ഞാനും എൻറെ കുട്ടുകാരും അവധിക്കാലം ഏറെ ചെലവഴിച്ചത് ഈ തൊടിയിൽ ആയിരുന്നു.. ഇവിടത്തെ ഓരോ മൺതരികൾക്കും ഞങ്ങളെ കൃത്യമായി അറിയാം..

അവധിക്കാലമായാൽ അമ്മവീട്ടിൽ പോകണം എന്ന് വാശിപിടിക്കുമ്പോൾ അമ്മ പറയും. “കുഞ്ഞച്ചിയുടെ അടുത്ത് ചെന്ന് മരം കേറാനാണ് ഇവൾ പോകുന്നത് എന്ന്”. അങ്ങനെ പറഞ്ഞാലും അമ്മയ്ക്ക് കുഞ്ഞച്ചിയെ ഒത്തിരി ഇഷ്ടമായിരുന്നു.

“കുട്ടികളെ കാട്ടൂർക്ക് വിട്ടോട്ടെ,

അവധിക്കാലമല്ലേ....അവർക്ക് കുഞ്ഞച്ചിയെ കാണണം എന്ന് പറയുന്നു. ഇവിടെ വെറുതെയിരുന്ന് പത്തു ദിവസം തള്ളിനീക്കിയിട്ട് എന്താ കാര്യം.. അവിടെ ഇവർക്ക് കളിക്കാനും കുട്ടുകൂടാനും കുട്ടികൾ ഉണ്ടല്ലോ...”
“ആ, എവിടെപ്പോയാലും കൊള്ളാം, അവരോട് ശ്രദ്ധിക്കണം എന്ന് പറയുക”.
അച്ഛന്റെ സമ്മതവും വാങ്ങിച്ച് അമ്മ വിടുമായിരുന്നു. അമ്മക്കറിയാം ഞങ്ങൾ പോകുന്നത് കുഞ്ഞച്ചിയെ കാണാനും കുഞ്ഞച്ചിക്കൊപ്പം കളിക്കാനും ആണെന്ന്.

കുഞ്ഞച്ചി ഒരു സംഭവം തന്നെയായിരുന്നു. ഞങ്ങൾ തറവാട്ടിൽ വന്നു എന്ന് മനസ്സിലായാൽ അപ്പോൾ വരും. കുഞ്ഞച്ചിയെ കാണുമ്പോൾ തന്നെ അമ്മമ്മയുടെ മുഖം കുറുകും.

“ദാ വരുന്നുണ്ട്. ഇനി പിള്ളേരെയും കുത്തിപ്പൊക്കി കൊണ്ടുപോകും. കുട്ടികളോട് കാര്യങ്ങളൊക്കെ ചോദിച്ച് അറിയാം എന്ന് കരുതിയാൽ ഇവൾ അതിന് സമ്മതിക്കില്ല. അതിന് ഈ വയസ്സായ അമ്മമ്മയെ കാണാനല്ലല്ലോ വരുന്നത്. കുഞ്ഞച്ചി അല്ലേ ഇവർക്ക്



പ്രിയപ്പെട്ടത്". സ്നേഹം നിറഞ്ഞ പരിഭവത്തോട് കൂടി അമ്മമ്മ പറഞ്ഞു. കുഞ്ഞച്ചി ഒന്ന് ചിരിച്ചു.

" ചെറിയ കുട്ടിയാണ് എന്ന് കരുതിയാണോ നീ നടക്കുന്നെ. സമയത്തിന് കല്യാണം കഴിച്ചിരുന്നെങ്കിൽ ഇവരെക്കാളും മുതിർന്ന കുട്ടികൾ നിനക്ക് ഉണ്ടായേനെ, എന്താ ചെയ്യാ... മറ്റുള്ളവർക്ക് വേണ്ടി ജീവിതം ഹോമിച്ചു".

അമ്മമ്മ അത് പറഞ്ഞപ്പോൾ കുഞ്ഞച്ചിയുടെ മുഖം വാടുന്നത് ഞാൻ ശ്രദ്ധിച്ചു. പക്ഷേ പെട്ടെന്ന് തന്നെ ആ മുഖത്ത് പുഞ്ചിരി വിടർന്നു. "കുട്ടികൾ വന്നിട്ട് ഏറെനേരം ആയോ.... ഷീല പറഞ്ഞായിരുന്നു ഇന്ന് വരുമെന്ന്".

"കുറച്ചു നേരമായി. ഇവരെ കൊണ്ടാക്കി അശോകൻ ആ ഓട്ടോയിൽ തന്നെ തിരിച്ചു പോയി. ചീരു വന്നില്ല. നീ കുട്ടികളെ കൂട്ടാൻ വന്നതല്ലേ, കൊണ്ടുപോയി കൊള്ളൂ ".

ഞാൻ ഓടിച്ച് കുഞ്ഞച്ചിയുടെ കയ്യിൽ മുറുകെ പിടിച്ചു. ശിരസ്സിൽ തലോടി താടിയിൽ പിടിച്ച് കവിളത്ത് ഒരു ഉമ്മ തന്നിട്ട് കുഞ്ഞച്ചി പറഞ്ഞു.

" മീനുകുട്ടി സുന്ദരി ആയിട്ടുണ്ടല്ലോ..." ആ വാക്കുകൾ എന്നെ ഏറെ സന്തോഷിപ്പിച്ചു. കുഞ്ഞച്ചി എന്നും മറ്റുള്ളവരെ സ്നേഹിച്ചിട്ടേ ഉള്ളൂ. എന്നിട്ടും.....

ഒരു ഇളം കാറ്റ് എന്നെ തൊട്ടു തലോടിപ്പോയി. കുഞ്ഞച്ചി എൻറെ വരവിനായി കാത്തിരിക്കുകയായിരുന്നോ? അറിയാതെ കണ്ണുകൾ നിറഞ്ഞു. ഞാൻ ചുറ്റും നോക്കി. ആദ്യം കണ്ണുടക്കിയത് പടർന്ന് പന്തലിച്ചു നിൽക്കുന്ന കശുമാവിൻ തോപ്പിലേക്കാണ്. താഴേക്ക് ചാഞ്ഞു യഥേഷ്ടം വളർന്നു നിൽക്കുന്ന ആ കശുമാവിൻ തോപ്പിൽ ഞാനും ഏട്ടനും അമ്മാവന്മാരുടെ മക്കളും എത്രമാത്രം കളിച്ചിട്ടുണ്ട്. ഈ തൊടിയിൽ ഇല്ലാത്ത വൃക്ഷങ്ങളില്ല. കുഞ്ഞച്ചി കാണാതെ മരോട്ടിക്കായ കഴിച്ച് തലകറങ്ങി വീണതും ഒരു അമ്മയുടെ വെപ്രാളത്തോടെ എന്നെ മാറോട് അണച്ചതും മരുന്നു തന്നതും ആ കണ്ണിൽ കണ്ണീർ പൊടിഞ്ഞതും കലത്തിൽ പച്ചപ്പട്ട വെച്ച് വിറകടുപ്പിൽ പുഴുങ്ങി ഉണ്ടാക്കിയ ഇലയട ഇളം ചുടോടെ വായിൽ വെച്ച് തന്നതും അത് രുചിയോടെ ആസ്വദിച്ചു കഴിച്ചതും കുളത്തിൻ കരയിലുള്ള പഞ്ഞി പോലുള്ള പച്ച കായകൾ പറിച്ച് അതിൻറെ മധുരം നുകരാൻ എത്തുന്ന കുഞ്ഞു ഉറുമ്പുകളെ തട്ടി കളഞ്ഞു ഒന്ന് എടുത്തു കഴിച്ചു നല്ല മധുരമുണ്ട് കുട്ടി കഴിച്ചോളൂ എന്ന് പറഞ്ഞു കഴിക്കാൻ തരുന്നതും രാമൻ കുളത്തിൽ മീൻ പിടിക്കാൻ

പഴുകിയ തോർത്തുമായി കുഞ്ഞച്ചി മുന്നിൽ നടക്കുന്നതും വാനരസംഘം പോലെ പിന്നാലെ ഞങ്ങളും. ഇനിയും എത്രയെത്ര മധുരമുള്ള ഓർമ്മകൾ....

" ആരാ ഇത് മീനു കുട്ടിയോ, കുറെ നാളായല്ലോ കണ്ടിട്ട്" ഞെട്ടിത്തിരിഞ്ഞ് നോക്കിയപ്പോൾ അമ്മയുടെ മീനാക്ഷി ഏടത്തി ആണ്. "ആ..., കുളം കാണാൻ വന്നതാണല്ലേ.... പണ്ടത്തെ ഭംഗി ഒന്നുമില്ല; കുളമൊക്കെ നികത്തി ഇപ്പോൾ കുളത്തിൻറെ സ്ഥാനത്ത് കുഴി മാത്രമായി". കുറച്ചുനേരം എൻറെ മുഖത്തേക്ക് നിർന്നി മേഷമായി നോക്കി നിന്നിട്ട്,"മോൾ അറിഞ്ഞില്ലേ വാസന്തിയുടെ കാര്യം. അവസാന കാലത്ത് ആരും കാണാതെ, മൂന്നു നാല് ദിവസം കിടക്കാൻ ഒക്കെ പറഞ്ഞാൽ... ഇന്നത്തെ കാലത്ത് ഒറ്റയ്ക്കായാൽ എല്ലാവരുടെയും അവസ്ഥ ഇതൊക്കെ തന്നെയാണ്. സഹോദരൻറെ മോൻ വന്നിരുന്നു ചടങ്ങ് കഴിഞ്ഞ് അവൻ പിറ്റേന്ന് തന്നെ പോയി. ഇപ്പോ മാസം അഞ്ചു കഴിഞ്ഞിരിക്കുന്നു. സ്ഥലം കച്ചോടായി എന്നൊക്കെ കേൾക്കുന്നുണ്ട്. മുറിച്ച് വിൽക്കാണെന്നാണ് പറയുന്നേ. പണ്ടത്തെ വഴിയാണോ റോഡിന് വീതി കൂടിയിട്ടുണ്ടല്ലോ. നല്ല വില കിട്ടും. ഇന്നത്തെ തലമുറയ്ക്ക് അറിയില്ലല്ലോ മണ്ണും മനുഷ്യനും ആയിട്ടുള്ള ബന്ധം. എല്ലാം വിറ്റ് തുലച്ചു പട്ടണത്തിൽ ജീവിക്കാനാ എല്ലാവർക്കും ഇഷ്ടം. വാസന്തി പൊന്നുപോലെയോ ഈ തൊടിയും ഇതിലെ വൃക്ഷങ്ങളും പരിപാലിച്ചിരുന്നത്. പ്രകൃതി സൗന്ദര്യം ആസ്വദിക്കാനും സംരക്ഷിക്കാനും ഇന്നത്തെ പച്ച പരിഷ്കാരികൾക്ക് എവിടെ സമയം". മീനാക്ഷി ഏടത്തിയുടെ വാക്കുകൾക്ക് മറുപടി പറയാൻ എനിക്കാവുമായിരുന്നില്ല.

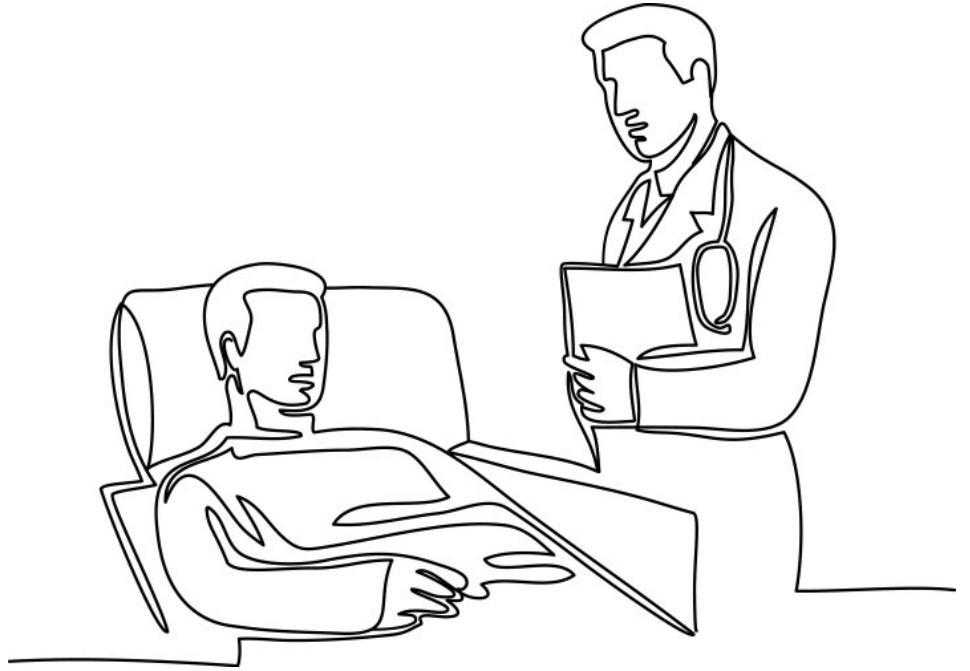
കണ്ണുകൾ മങ്ങുന്ന പോലെ, ഒന്നും മിണ്ടാതെ പതിയെ നടന്നു. ഈ സ്വർഗ്ഗവും ഇതിലെ കനികളും ആരൊക്കെയോ ചേർന്ന് നശിപ്പിക്കാൻ പോകുന്നു. ഒപ്പം എൻറെ കുഞ്ഞച്ചിയുടെ ഓർമ്മകൾ എന്നെന്നേക്കുമായി ഇല്ലാതാവുകയാണ്. ആ അറിവ് എന്നെ വല്ലാതെ വേദനിപ്പിച്ചു. കാലുകൾക്ക് വിറയൽ ബാധിച്ച പോലെ. കുഞ്ഞച്ചിയുടെ വീടിൻറെ കോലായിൽ ചെന്നിരുന്നു.

കുഞ്ഞച്ചി ഉണ്ടായിരുന്നെങ്കിൽ ഇത് ഒരിക്കലും സംഭവിക്കില്ലായിരുന്നു. കുഞ്ഞച്ചിയുടെ ആത്മാവ് ഇതെല്ലാം അറിയുന്നുണ്ടാവുമോ? " മീനു മോളെ സാരമില്ല, അവർ എന്തെങ്കിലും ചെയ്യട്ടെ". എന്ന് പറഞ്ഞു തലോടുന്ന ആ പുഞ്ചിരി തുകുന്ന കണ്ണുകൾ ഇനി ഒരിക്കലും കാണാൻ സാധിക്കില്ലല്ലോ..... ഹൃദയം വിങ്ങുന്ന പോലെ,...

ആ നോവ് കണ്ണുകളിലൂടെ നിശബ്ദമായി ഒഴുകിക്കൊണ്ടിരുന്നു.....



Sreedevi T S
Teacher



ക്ലൈമാക്സ്

നാട്ടിലെ ഏറ്റവും നല്ല ആശുപത്രിയുടെ അങ്കണത്തിലേക്ക് ആരംബലൻസിൽ നിന്നും കാലെടുത്തു വച്ചപ്പോൾ എന്തോ, അല്പം ആശ്വാസം തോന്നി..പക്ഷെ കുറെയേറെ സംശയങ്ങൾ അപ്പോഴും മനസ്സിൽ ഓളം തള്ളുകയായിരുന്നു.. കുട്ടിക്കാലം മുതൽ ഭഗവാനെ മാത്രം സേവിച്ചു സത്കർമ്മത്തിലൂടെ മാത്രം ജീവിക്കുന്ന ഒരു സാധു ബ്രഹ്മാണന്റെ ഉണ്ണിക്ക് എന്തെ ഇത് സംഭവിച്ചു? അതും ദുശീലങ്ങളൊന്നുമില്ലാത്ത,സ്വന്തം മാതാപിതാക്കളുടെ ആഗ്രഹത്തിനൊത്തു മാത്രം ജീവിച്ച മനുവിന്.....

ഹോസ്പിറ്റലിൽ എവിടെ നോക്കിയാലും മനുവിന്റെ ബന്ധുക്കൾ മാത്രം.. എന്തു സഹായത്തിനും സന്നദ്ധരായി നിൽക്കുന്ന നാട്ടുകാരും, കുട്ടുകാരും..ഇൗശ്വരാനുഗ്രഹം, അല്ലാതെന്താ..

അല്ല, ഗുരുവായൂരപ്പന് വിശ്വരൂപം വഴിപാടായി ചെയ്ത കുട്ടിയല്ലേ.... രക്ഷപ്പെടും.... മനസ്സ് മന്ത്രിച്ചുകൊണ്ടേയിരുന്നു.... പിന്നെ വേറെനാനും ആലോചിച്ചില്ല.. ഡോക്ടർ നിർദ്ദേശിച്ച എല്ലാ പേപ്പറിലും sign ചെയ്തു

കൊടുത്തു.. ആറാമതമ്പുരാനായുള്ള മനുവിന്റെ തിരിച്ചു വരവും കാത്ത് ആശുപത്രിയിൽ വരാത്തയിൽ പ്രാർഥനനിരതയായി കണ്ണിമ വെട്ടാതെ കാത്തിരുന്നു.....

അമ്മ ഉണ്ണിക്കുട്ടാ.. എങ്ങിനെയുണ്ട് script? ഉണ്ണി ... അതെ ക്ലൈമാക്സ് പോരാ.. ഒരു ട്വിസ്റ്റ് വേണം.

അമ്മ .. പിന്നെ അത് മാറ്റിയാൽ ഈശ്വരന് നിരക്കാത്തതാവും.. ഇങ്ങിനെ മതി. അല്ല ഉണ്ണി അമ്മക്കൊരു സംശയം ദൈവത്തിന് ചെയ്യാൻ പറ്റാത്ത എന്തെങ്കിലും ഉണ്ടോ.. നീ.. വിധിയിൽ വിശ്വസിക്കുന്നുണ്ടോ... ഉണ്ണി... ഒന്ന് പറയോ.... ഉണ്ണി...

അമ്മേ എന്നുള്ള മോളുടെ വിളി കേട്ടു ചാടി എഴുന്നേറ്റു..ഇൗശ്വരാ.. സമയം 6 ആയോ.. ഇന്നും ബസ് കിട്ടില്ലേ....ഉത്തരം കിട്ടാത്ത ചോദ്യങ്ങളുമായി ജീവിതമാകുന്ന തോണിയിൽ യാത്ര തുടരുന്ന....



Elton Baptista
CE Faculty

WISHFUL HEART OF A CHILD

I have a hope deep inside my heart,
As a new academic year is set to start.
The joy a child feels on the first day of school,
To meet their friends and
their teacher who is super cool.
Wear a new uniform and fill up a new backpack,
Brand new water bottle and a box with a snack.
All decked up I head out the door,
Waiting for my school bus with great excitement
that no one could ignore.
Finally I reach school where mascots were awaiting,
To cheer up the anxious ones and
welcome others with a greeting.
As I was about to reach the threshold of my class,
I realized that its a year I had surpassed.
So I changed my path towards a new place,
And entered my new classroom at a slow pace.
Not knowing how this year would be,
I sat down awaiting a new teacher to see.
All these experiences are a thing of the past,
However I wish that I had a fishing net to recast.
To pull back those memories lost in the ocean,
And change something that
I didn't like with a magic potion.
The only thing that I would change is the present,
For so many memories that have been unpleasant.
The only wish that I have for every child,
Is that if God could help restore and restyle.





CREATIVE CANVA STUDENT SPACE





Poem by Arya C.K
Class 7

THE LONELY FLOWERS



*In a field of green, they're on their own·
No one to admire their shining petals
No one to appreciate the beauty they bear·*

*Lonely flowers, reaching for the sky,
No one to hear their gentle sigh·
While others dance in the breeze,
They stand still, their hearts are ill but pure·*

*But even in the Winters, they bloom,
Their colors are bright, they gloom·
Their fragrance lingers in the air,
But they feel the loneliness inside of it·*

*Though lonely, they stand proud and tall,
A reminder to us all,
That even in our loneliest hour,
We can still blossom and be a flower·*



Abhinaya K.S
Class VII

THE UNLOVED PRINCESS.



Look how elegant the world is,
Fully composed of beauty?
Why cannot I nowhere see the beauty of you anymore.
You were not like a Butterfly,
But you were pretty as a Butterfly.
Dear Princess, you might be thinking of running far away.
The world around you has trapped you and you got no
time to bend over it.
Nobody seems to be like you.
You only wanted to be like them, wandering around free-
ly, so you call it a freedom.
"You are not attractive" the people says.
But do they really get to know the inner child of yours?
Or do they care for you?
Unlike you, nobody would have Known how tiring the life
of a real princess is.
You were not someone who Used to have the courage to
speak for yourself but will anybody speak for you?
Oh my little princess ,
Your inner beauty is dazzling in my eyes.
I feel the pain of yours upon my heart.
You really deserve to be a Queen one day!



Richard Kooliyadan
Class 7A

A SUCCESSFUL MORNING ROUTINE



A successful morning routine can set the tone for the rest of your day. By starting your day with intention and purpose, you can increase productivity, reduce stress, and improve overall well-being. In this article, we'll explore some tips for building a successful morning routine.

1. Wake up early

Waking up early is key to building a successful morning routine. By giving yourself enough time in the morning, you can avoid rushing and start your day on a calm note. Try waking up at the same time every day, even on weekends, to help regulate your body's natural sleep-wake cycle.

2. Hydrate

Drinking water first thing in the morning is a great way to rehydrate after a night's sleep and jumpstart your metabolism. Aim to drink at least 8 ounces of water before you do anything else in the morning.

3. Move your body

Exercise is a great way to start your day and boost energy levels. This doesn't mean you have to hit the gym every morning, but even a short walk or yoga session can make a big difference. Find an activity that you enjoy and that fits into your schedule.

4. Eat a healthy breakfast

Eating a healthy breakfast is important for fueling your body and providing energy for the day ahead. Choose foods that are high in protein and fiber to keep you feeling full and satisfied. Avoid sugary cereals and pastries, which can cause a mid-morning crash.

5. Set intentions for the day

Before you dive into work or other activities, take a few moments to set intentions for the day. This can be as simple as writing down a to-do list or practicing gratitude. Setting intentions can help you stay focused and motivated throughout the day.

6. Avoid technology

Try to avoid checking your phone or computer first thing in the morning. This can be a major distraction and can cause stress before you've even started your day. Instead, focus on your morning routine and save technology for later in the day.

In conclusion, building a successful morning routine takes time and effort, but the benefits are well worth it. By waking up early, hydrating, moving your body, eating a healthy breakfast, setting intentions, and avoiding technology, you can start your day on a positive note and set yourself up for success.



BENEFIT OF MEDITATION

Mohammed Ilham
Class 7A



Meditation has become increasingly popular in recent years, and for good reason. The practice of meditation has been shown to have a wide range of physical and mental health benefits. In this article, we'll explore some of the benefits of meditation and provide tips for getting started.

One of the most well-known benefits of meditation is its ability to reduce stress and anxiety. Research has shown that regular meditation can lower cortisol levels, which is the hormone associated with stress. By reducing stress, meditation can also help improve sleep, reduce symptoms of anxiety and depression, and even lower blood pressure.

Meditation has also been shown to improve

focus and concentration. By training the mind to focus on one thing at a time, meditation can help improve cognitive function and memory. This can be especially helpful for those who struggle with ADHD or other attention-related disorders.

In addition to these mental health benefits, meditation has also been shown to have physical health benefits. For example, studies have shown that meditation can reduce inflammation in the body, which has been linked to a wide range of chronic health conditions. Meditation has also been shown to boost the immune system and improve cardiovascular health.

So how do you get started with meditation? The good news is that you don't need any special equipment or training to start meditating. Simply find a quiet, comfortable place to sit and set a timer for a few minutes. Then, focus on your breath, counting each inhale and exhale. When your mind wanders (as it inevitably will), simply bring your attention back to your breath. Over time, you can increase the length of your meditation sessions and experiment with different techniques.

In conclusion, meditation is a simple yet powerful practice that can have a wide range of physical and mental health benefits. By reducing stress, improving focus, and boosting overall health, meditation is a valuable tool for anyone looking to improve their well-being.



Diya K Harish
Class 7A

BETWEEN FICTION AND REALITY

One normal evening a talented writer but a person who struggles at creativity named Olivia was sitting down in her desk writing her new manuscript. She was imagining scenes of the story and battles, suddenly to her surprise she feels a forceful grip pulling her into her manuscript. She lands falling flat on her face and groaning she gets up, only to see her own fantasy world she imagined right in front of her...she is surprised...How did this happen...? Where is she...? She looks around for a while, she cannot be mistaken That is the world she imagined...

She does not know how to react. On one hand she is in complete shock and fear and on the other she is curious and excited. She then spots the protagonist named Evelyn holding a sword preparing for the ultimate battle. Evelyn is ready to restore the peace of the broken world they are in... Olivia turns to see the antagonist Stella as well preparing a plan that could destroy the world even more...This is all familiar Olivia remembers writing all of this.

Originally, she would help, but the story must go according to the manuscript, so she decides to let everything happen naturally. She feels the same force who brought her there trying to pull her back to reality... After accepting that fact that she saw her own fictional characters with a real life with their own thoughts and feelings still surprised and inspired she decides to head back to reality by letting that force that brought her there to bring her back...

From that day onwards Olivia continued to write now not thinking of them as just stories but as different realities she creates...she thinks of them as when she creates a story a new universe forms...with this in her mind she was able to be much more creative with her words and give more thoughts, feelings and emotions to her characters making her books and herself more popular.

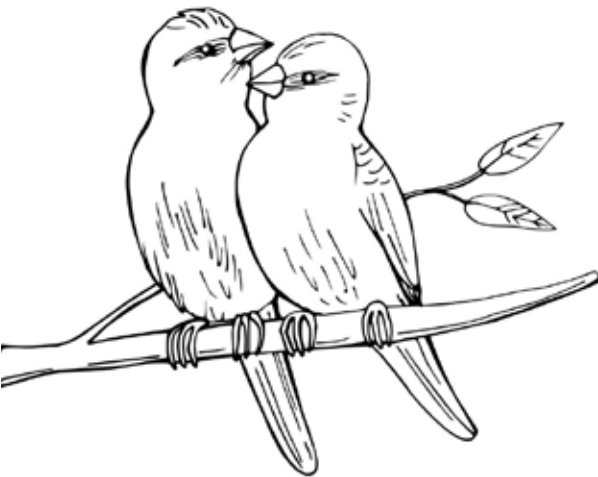




Adithyan M
Class 7

THE BIRDS

*In the realm of feathers and flight,
Where the wind whispers through the night,
A world of wonders takes its place,
A realm of birds, a wondrous race.
Their wings, like magic, take them high,
To soar above the cloudy sky,
Their songs, a symphony of grace,
A chorus of melodic grace.
The eagle, king of all the land,
His feathers, golden, grand,
He rules the skies with might and main,
His eyes, a piercing, keen domain.
The robin, bold and brave,
His breast, a crimson hue,
He flits and flutters, free and wild,
His spirit, pure and true.
The sparrow, small and quick,
His wings, a blur of speed,
He darts and dashes, here and there,
His heart, a joyous need.
The owl, a wise and wondrous sight,
Her feathers, soft and white,
She hoots and hootlets, deep and low,
Her wisdom, a treasure to know.
The parrot, colorful and bright,
His beak, a rainbow's light,
He chatters and squawks, with glee,
His beauty, a sight to see.
The penguin, dapper and neat,
His tuxedo, black and sleek,
He waddles and slides, with pride,
His heart, a love so meek.
The hummingbird, a blur of green,
Her wings, a whirl of sheen,
She flits and flutters, quick and bright,
Her beauty, a wondrous sight.
The world of birds, a realm of grace,
A world of wonder, a place of peace,
Where feathers, flight, and song,
Create a beauty, beyond all wrong.*





NATURE 'S MUSIC

Devanandha Ganeesh
Class 7



*I LOVE NATURE 'S MUSIC
AND SUMMERTIME SONGS
IN THE FOREST ARE GREAT SINGERS
GATHER IN THROGS*

*THE WIND PLAYS THE HARP
AND THE BIRDS TAKE THE TUNE
THE BASS PART IS SUNG
BY THE MAN IN THE MOON*

*EACH ONE KNOWS THEIR PART TO THE VERY LAST LETTER
AND EVEN OUR RADIO DOESN'T SOUND BETTER!!*



GOUTHAM KRISHNA .P.L
Class 7

THE LIFELESS SEASON



Winter's chill embrace, so crisp and bright
Frosty mornings dawn, a winter's delight
Snowflakes dance and twirl, a wondrous sight
As the season brings, a peaceful night

The trees stand bare, their limbs outstretched
Frozen lakes and ponds, a winter's reach
The wind it howls, a mournful sound
As winter's grip, the world around

The fireplace crackles, warmth and light
A haven from the winter's might
Hot cocoa soothes, a comforting sight
As winter's chill, takes flight

The stars shine bright, a winter's show
A time for dreams, a
time to know
The magic of winter, a time to grow
A season of wonder, a time to glow



Ameya Aneesh P
Class 7



A GOOD FRIEND

Once upon a time there lived a parrot in the forest. It was very happy. It sang melodious tunes with his voice and flew all around. One day a hunter came that way. He was a very cruel man. He laid a trap and the poor parrot fell into it. The hunter took the parrot to his village. He sold it to a rich man.

The rich man kept the parrot in a cage in his house. The parrot was very sad. It stop singing and kept crying all the time. After few days the parrot started to sing again. Now it used to sing only at night and it sang only sad songs. A crow heard the song. The crow asked the parrot, "Why do you sing only at night? And why do you sing only sad songs? The parrot narrated his sad story. The crow felt sorry for the parrot and he told the parrot don't eat anything during the day I will feed you in the night. After a few days you can act dead and I am sure that the rich man will let you out. Parrot agreed to the crow's idea. It did not eat anything that the rich man gave him. The crow used to feed the parrot in the nights. Finally one day the parrot acted dead. The rich man let it out and the parrot abruptly fluttered his wings and flew away. Thus he was free once again.





Alen. P. Roshan
Class 7

THE STORY OF A MAGIC WORLD OF LISA

One day after school, Lisa was thinking about The story of a Magic World that her teacher has Read to them that morning. The story was about dragons, princess, goblins, fairies, fighters in a faraway land and she was fascinated.



That night she told their parents the story at dinner and then she fell asleep. But...

When she woke up Lisa wasn't in her home she was in a tiny village! The houses were so little, who would enterThere? I knew the answer... Goblins! Cute Goblins! Everyone was looking at her but no one was surprised. Everyone was waiting for Lisa with a great banquet at its size. After spent a week in the Magical World she wanted to return to The real world with her friends and family so they Made their way to the portal accompanied by Gus (a very friendly goblin who, in the days they spent Together, became her best friends). In the way they ran into a giant, he didn't let them Pass unless Lisa and Gus solve the next riddle: i'm Tall when I'm young, and I'm short when I'm old. What am i? But Gus was wise so he answered: A candle! And they could go Their way. When they arrived to the portal, Gus gave to her a magicFeather, which every time she blew he could return to the Magical world, and suddenly... The alarm clock rang! IT WAS A DREAM?! But what Lisa didn't knew was that the Magic feather was on her Nightstand waiting for Another adventure...



Thejus K Nideesh
Class 7

THE FLOWERS



In gardens of delight, where petals unfold
 A colorful tapestry, as stories are told
 Of flowers, so delicate, yet strong and bold
 Their beauty is a gift, their scent a treasure to hold
 Their delicate petals, like silk to the touch
 Unfolding in hues, of red, pink, and such
 Their sweet fragrance, a symphony to the nose
 Invigorating the senses, as the breeze blows
 In the fields of gold, they dance and sway
 A kaleidoscope of colors, every day
 Their beauty is a gift, their grace a sight
 A testament to nature's artful might
 In the language of love, they speak so clear
 Their beauty and grace, a poem to hear
 Their delicate petals, a lover's embrace
 A token of love, in this world's space
 Their delicate petals, like silk to the touch
 Unfolding in hues, of red, pink, and such
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 A token of love, in this world's space



Vedha Sruthi K.R
Class 7

BEST TIMES OF LIFE



School days should be the happiest time in one young person's life. This is the place where we get knowledge, fun, and discipline and more. Here we get bullied and we think no one is understanding us mentally. In my school, I have friends but no best friend. In every school, I'm sure there must be a bully gang in my school, I'm also having. It can affect the student of any age, both girls and boys. You will be thinking why am I talking about bullying in the topic best time of life. These are all kinds of fun, as we all know that the time which is gone can't be used again. Like that, after years, we can only have memories. These times, we won't be able to enjoy them. My parents had still told me that how they were their school life and college life. Friends make a huge part of our life fun. See, I'm studying in 7th, I have only a few years to enjoy school time. After that, just like my elders, I can only think about it, so I'm coming to the point: enjoy your school time, don't miss it, you won't get it again.



Neha Yassar K.Y
Class 7A

THE CLEVER KING AND LAZY PEOPLE



Once upon a time there was a king . He was extremely disappointed because his people were very lazy .One day he made a plan to teach them a lesson .He had a big stone. He called his helper to it in the middle of the road one night . The next day the merchants of the city passed and went around it .similarly, an officer driving his car did the same . In addition ,a young soldier came cycling and went around the stone. All the people cursed the stone and blamed for not removing remove .Many people who were there watched it . There was an iron box under it . A sentence was marked on the box . The sentence saw “for the man who moves away the stone” .Inside the box ,there was a purse . It was full of money .The people saw and watched it deeply .At last ,the people felt ashamed because of their weakness . Thus the clever king taught his lazy people a practical lesson. They realized that they had to be hard -working



Azmin A.S
Class 7

THE WHISPERING DEMON



As the sun set over the small, remote town, an eerie silence fell over the streets. The only sound to be heard was the rustling of the leaves in the breeze. It was as if the world itself had come to a halt. That's when I heard it. A low, whispering sound, like the sound of a thousand voices speaking in unison. It came from everywhere and nowhere, and it was unlike anything I had ever heard before. I searched the streets, trying to find the source of the sound, but I found nothing. The more I looked, the more the whispering grew louder, more intense, until it felt like it was right in my ear. And then I saw it. A shadow in the darkness, moving with a strange, fluid grace. It was a humanoid shape, but with features that were twisted and distorted beyond recognition. And it was coming right for me. I tried to run, but my legs gave out beneath me, and I fell to the ground. The creature advanced, and for a moment, I thought it was the end. But then it stopped, and it whispered. The words were muffled and incoherent, but I could feel the power behind them. And then, the creature was gone, as quickly and mysteriously as it had appeared. I lay there for a while, too terrified to move, until I heard the sound of a car approaching. It was the local Sheriff, and when I told him my story, he just chuckled and shook his head. He told me that the demon had been plaguing this town for centuries, that it had been summoned by a group

of ancient occultists, and that it could never be stopped. He suggested that I leave the town and never come back. And so, I did, but no matter where I go, I can't shake the feeling that the whispering demon is still out there, waiting for me, waiting to claim my soul for its own. After the mysterious events that happened to him, the man was never the same again. The experience had left him scarred and haunted by the unutterable horror that he had witnessed. He fell into a deep, brooding depression, unable to shake the feeling that there was something out there, lurking in the shadows, watching him. He became a recluse, staying in his room for days at a time, lost in a world of darkness and despair. As time went on, the man's mental state began to deteriorate further. He began to hear whispering voices, the same voices that he had heard in the abandoned house, and he began to see things that weren't there. Despite the efforts of his friends and family to help him, the man's condition continued to worsen. He became increasingly paranoid and delusional, convinced that he was being followed by an unseen force. In the end, the man's fragile psyche finally broke under the strain, and he took his own life, unable to bear the crushing burden of his mental illness any longer. The mystery of the demon still remained unsolved, and the man's memory was lost to time.



Neeraj Krishna
Class 7

A TALE OF ROOMMATES



Once upon a time in the quirky town of Quirk Ville, there lived two roommates with wildly different interests and fears. Sam, a free-spirited adventurer with an insane curiosity, and Alex, a cautious individual who had a peculiar phobia - a huge fear of snakes. One day, Sam returned home with an enormous grin, waving a colorful book in the air. "Alex, I have discovered the key to happiness! The ultimate pet that will bring joy into our life's!"

Alex looked up from their book, eyebrows raised in suspicion. "And what might that be?" Sam proudly opening the book, revealing images of slithering serpents in various shapes and sizes. "Behold, the amazing world of pet snakes! I've always wanted one, and I've found the perfect one for us." Alex's eyes widened in terror. "A snake?! Are you out of your mind?! I have a phobia, Sam! I cannot even look at pictures of snakes without being insanely terrified. "Unaffected, Sam's face turns into a mischievous grin. "Nonsense! Facing your fears is the first step to overcoming them. Plus, think of all the fun we will have with our new pet!" Despite Alex's protests, Sam went ahead and adopted a playful, green-colored snake named Slippy.

The roommate agreement was forgotten

as Sam proudly introduced Slippy to their shared living space. Predictably, chaos ensued. Every time Alex entered the room, they would perform a wild dance, hopping over furniture and screaming as if they were in a slapstick comedy. Sam, on the other hand, could not understand why anyone would be afraid of such a wonderful creature. As days passed, something unexpected happened. Alex, while being extremely horrified, began to observe Slippy from a distance. The green patterns and the way Slippy curled around objects with grace started to urge Alex's interest. One evening, after hours of snake-watching, Alex slowly approached Slippy, offering a tiny mouse-shaped toy.

To everyone's surprise, Slippy happily played along. Sam, witnessing this miracle, grinned. "See, I told you! Snakes are just misunderstood friends waiting to happen. " And so, in a house of Quirk Ville, an adventurous roommate and a phobia-stricken roommate discovered that sometimes the best way to conquer fears is to embrace the unexpected - even if it comes in the form of a green-colored, playful snake named Slippy. The two friends lived happily ever after, proving that laughter and their friendship can get through anything.



Haritha Krishna
Class 7A

BOUND BY TRUE FRIENDSHIP



Friendship is a precious gift,
A bond that will forever uplift.
Through the highs and lows of life,
A true friend will calm the moment
They hold your hand through thick and thin,
And offer a listening ear within.
They laugh with you and wipe your tears,
And stand by you throughout the years.
A real friend is a guiding light,
A shining light in the darkest night.
They celebrate your successes and joys,
And support you in times of noise.
They accept you for who you are,
And love you, whether near or far.
Their presence brings warmth and grace,
And their essence fills every empty space.
In times of need, they lend a hand,
And help you rise and take a stand.
Their loyalty knows no end,
A true friend is someone to defend.
So cherish the friends who are true,
For their love and support will see you through.
For in the journey of life, we find,
Real friendship is one of a kind.



ABHIJITH C R
Class 7

THE GHOST AND THE FRIENDS



Once upon a time, there was an old and abandoned mansion that sat atop a hill, overlooking a small town. The mansion had been empty for years, and many of the locals believed it to be haunted.

One night, a curious group of friends decided to investigate the mansion. They made their way to the entrance and managed to get inside. As they began to explore the halls, they heard strange noises and footsteps coming from all directions.

Suddenly, the doors slammed shut behind them, and they were trapped inside. The group huddled together in fear as they heard moaning and groaning coming from the other side of the walls.

As the night went on, they were visited by the ghostly apparition of a woman in a long white dress. She floated towards them, her eyes glowing a deep red. The group tried to

flee, but the doors were still locked shut. The ghostly woman started to cackle, and soon they realized that they were not alone. Other spirits started to appear in the halls, their eyes glowing and their voices echoing throughout the mansion.

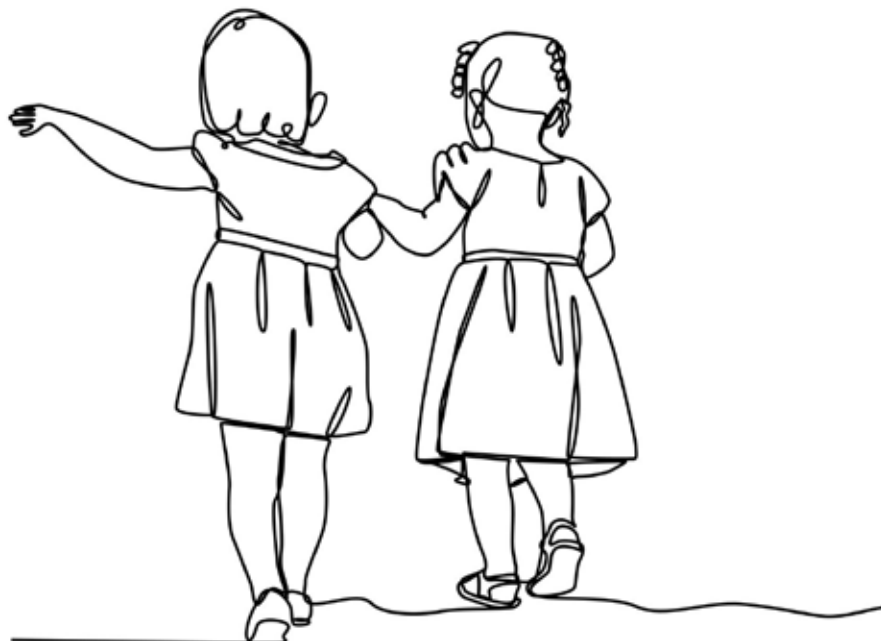
The group tried to find a way out, but the ghosts seemed to be leading them in circles. They were trapped, lost, and terrified.

Eventually, in the wee hours of the morning, the group found themselves back at the entrance. The doors opened with a creak, and they ran out into the night. They never spoke of their experience again, but the locals knew not to venture into the mansion again. For they knew it was haunted by the ghosts of its past, and they would never rest easy.



Devika Sreejith
Class 7A

THUMBELINA



Once upon a time, Thumbelina and her friend Harriet were walking down the road when they spotted a cave. Harriet felt scared and told Thumbelina, “We should leave; this cave seems dangerous.” However, Thumbelina, displaying courage and strength, insisted on taking a closer look.

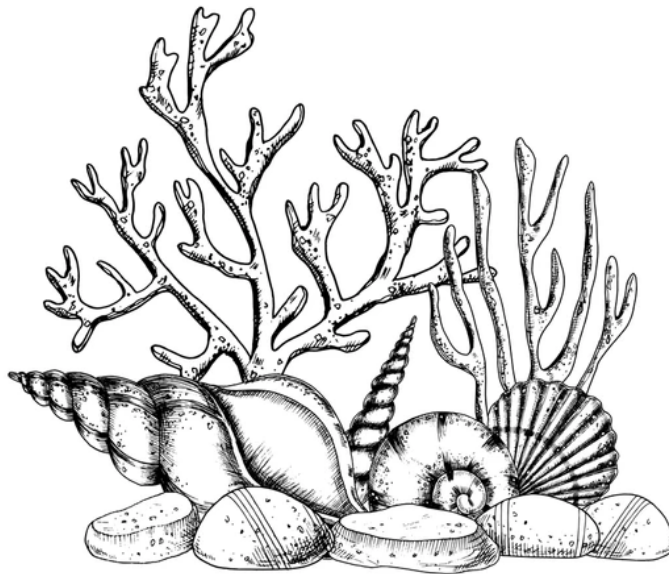
Despite Harriet’s fear, Thumbelina ventured into the cave. “Hello, hello, is anybody here?” she called out. Feeling a sense of fear, she hastily ran out of the cave, accidentally tripping and leaping onto a big leaf floating on water. As she looked around, Thumbelina realized the leaf was much larger than her.

In the midst of her exploration, Thumbelina, who is small, fell asleep. When she woke up, she found herself surrounded by her father and mother. Slowly, she realized it was all a dream. However, as she looked to the left of her house, she noticed a mysterious cave that sparked a sense of horror and curiosity.



CORALS

Devapriya
Class 9A



Corals are one of the most omnifarious invertebrates belonging to a large group of colourful and fascinating animals called cnidaria.

A coral individual is actually made up of thousands of small structures called polyps. They photosynthesize during the day, at night they come active and they expand their polyps and anything that swims by it is caught by the stinging cells at the tip of its tentacles.

They are the basic framework and home for not hundreds, not thousands, but millions of species. Coral reefs are often referred to as the 'rainforest of the seas'. From starfish to Clown fish and cuttlefish, animals of different varieties rely on coral reefs for food, shelter and breeding.

These breathtaking reefs are the biggest living structure on our earth, the only living structure to be seen from space.

Coral bleaching

The corals in New Caledonia started to glow! Beautiful fluorescing corals. But they were a bewitching phase of death.

In 1975- the Carys fort reef was thick with *Acropora palmata*. but, now only .01% of it is left. Large sections of reef were turning white in the airport reef.

What is coral bleaching ?

Corals have bright and colourful algae called zooxanthellae, helping each other to survive. Due to change in ocean conditions, rise in water temperature or pollution, the corals 'stress' out, making it expel the algae and the corals fade.

If the temperature stays high, the corals can't take them back and the corals will die.

As many diverse species are supported by this reef, this change can affect the entire reef ecosystem, on which many people and wildlife depend.

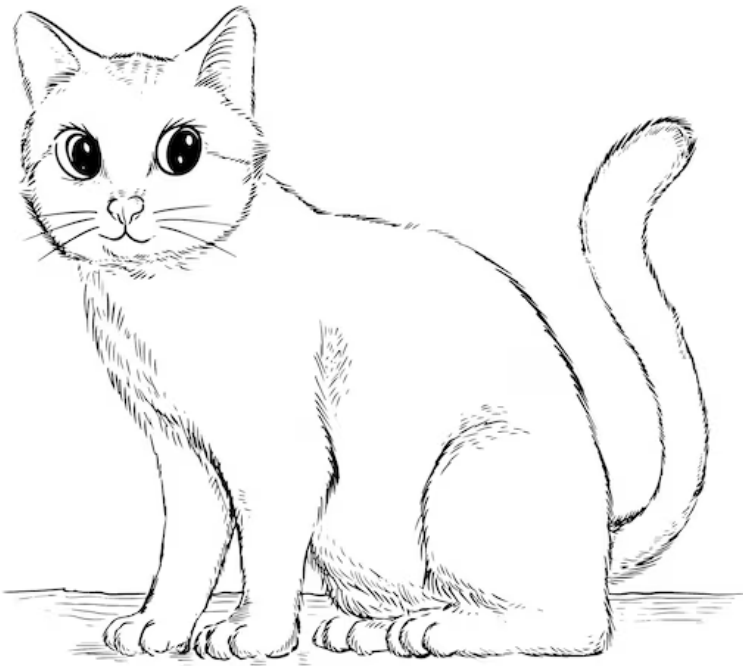
By 2020, 75% of corals suffered or died due to stress, bought by the climate change. Coral reefs can recover if the conditions improve but it can take up to 12 years. But with our help, the planet can recover.



Johns Joshy Jose
Class 7



പൂച്ച



ഞാൻ കണ്ടു
 പാലത്തിനടിയിൽ
 വഴിക്കരികെ
 ഒരു തള്ളപ്പൂച്ച .
 കുറുപ്പും വെളുപ്പും
 പിന്നെ രണ്ടും കൂടിയതും
 അങ്ങനെ മൂന്ന് കുഞ്ഞുങ്ങൾ .
 പാലത്തിനടിയിൽ
 വഴിയിൽ
 ഓടുന്ന പട്ടി
 പായുന്ന വണ്ടി .
 ഞാൻ കാണുന്നു
 പാലത്തിനടിയിൽ
 വഴിക്കരികിൽ
 ഒരു തള്ള പൂച്ച .
 കുറുപ്പും വെളുപ്പും
 അങ്ങനെ രണ്ടു കുഞ്ഞുങ്ങൾ .
 പാലത്തിനടിയിൽ
 വഴിയിൽ
 അഴുക്കു കെട്ടിക്കിടക്കുന്ന ഓട
 ഇരക്കായ് വട്ടമിടുന്ന പരുന്ത്
 കല്ല്വെയുന്ന കുട്ടി .
 ഞാൻ കാണും
 പാലത്തിനടിയിൽ
 വഴിക്കരികിൽ
 ഒരു തള്ളപ്പൂച്ച .
 കുറുപ്പും വെളുപ്പും ഉള്ള
 ഒരു പാവം തള്ളപ്പൂച്ച .



Arona Theres Paul
Class 7A

NATURE POEM



Sky mountain water are part of our nature.
Nature looks like the miniature of heaven.
Nature help us in every matter.
If we want food, they give us food and goods.
If we want pure and healthy atmosphere,
it give us then and there.
We the people are making this nature heaven into a devil's house
by putting plastic garbage, food wastes etc
in our healthy heaven turn into devil's house.
As a result of this the nature shows it's anger towards us
by heavy flood, earthquake etc.
Sky, mountain water are part of our nature.
It gives us with joy and peace if we give them those.
We have the right to take joy and peace before give those then take.



Bhuvana Ajith
Class 7

THE WORLD

*The world is wide
The world is beautiful
With the faces full of expressions
With full of joy
The world is beautiful
With it's nature
Flowing water,
With flying birds,
With different animals
The world is beautiful*





Yaagnya Venugopal
Class 2B



കുമിള

നന്നായി പതപ്പിച്ചു ഞാൻ തോട്ടിൽ കുളിക്കുകയായിരുന്നു. അപ്പോഴാണ് ഒരു വലിയ കുമിള ഭംഗിയായി ഒഴുകാൻ നിൽക്കുന്നത് കണ്ടത്. ഞാൻ ശല്യം ചെയ്തില്ല. വെറുതെ വിട്ടു. കുറെ കുമിളകളെ ഊതി വലുതാക്കി പൊട്ടിച്ചു കളിച്ചു.

ഒഴുകി നടക്കുമ്പോൾ അത് കരയിലെ പുല്ലിനെ നോക്കി പുഞ്ചിരിച്ചു.

വാലുള്ള സുന്ദരി മീനുകളെയും നെറ്റിയിൽ കല്ലുള്ള മീനുകളെയും കണ്ടതായി നടിച്ചില്ല. തവള കുട്ടൻ ചാടാനായി നോക്കുന്നത് കണ്ടപ്പോൾ മാറിപ്പോയി.

കൊക്കച്ചൻ കണ്ണുരുട്ടുന്നത് കണ്ടപ്പോൾ പേടിച്ച് ചോടി. തോട്ടിലെ കുമിള വാഴകളെ ഒന്നും തൊടാതെ നീങ്ങിപ്പോയി. അങ്ങനെ ചുറ്റും നോക്കി നോക്കി കറങ്ങി കറങ്ങി കുറുവൻ പയ്യന്റെ കല്ല് കൊണ്ട് ബ്ലൂം... കഥ കഴിഞ്ഞു.



STUDENT CREATIONS





Ananthakrishnan
1A



Arya M
3C



Lakshmi Rajesh
5A



Vivyaan Venugopal
5A



Rain C Prasoon
5A



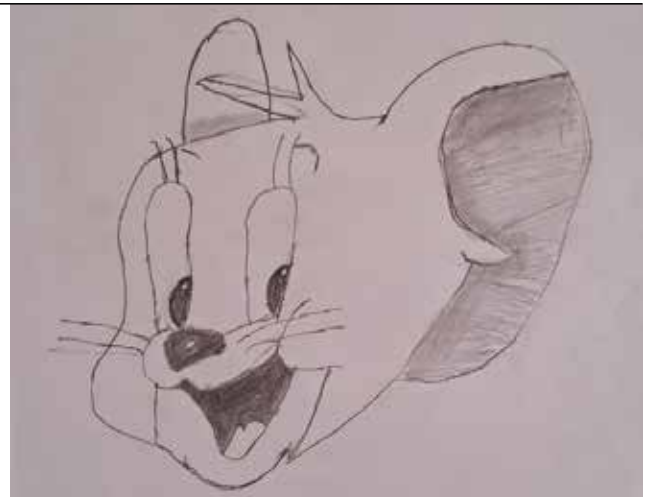
Sreedev K.S.
5A



Rithunandha Ranjith
5A



Navani R.N.
Class 5



Madhav Menon TP
5A



Immanuel Bijoy
5A



Devananda TS
5A



Chandraja K Nideesh
5A



Anamika V.J.
5A



Aman Haseeb
5A



Elena Rose Viju
VI



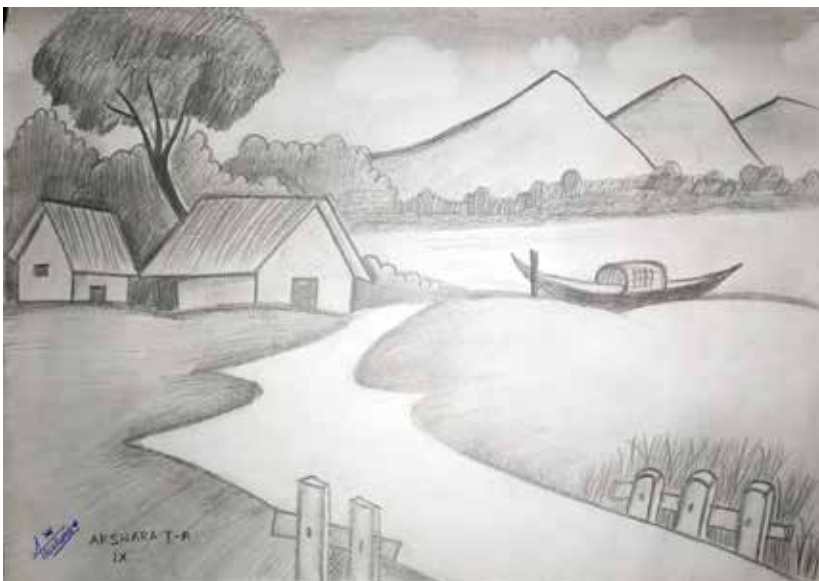
Ben Vincent
VII



Aagneksha M.S.
5A



Anna Mary
Class - XII



Akshara T.A.
9A



Devananda T.S.
Class - 4 B



PARENT CORNER





Jessy Delvin

M/o Aidan Antony 4B



EMBRACING PARENTHOOD: SIMPLE TIPS FOR A JOYFUL JOURNEY

Dear Parents,
Warm greetings to all families! I'm Jessy Delvin, a proud parent of two lovely children.

Parenting, to me, is a beautiful adventure, filled with laughter, learning, and love. In our busy lives, it's crucial to pause and cherish every moment with our kids. Here are a few simple yet powerful tips that I've found helpful on this parenting journey:

- 1. Hug and Play:** Every day, give your child a warm hug. Play games, whether it's a simple board game or a round of hide-and-seek. These moments create strong bonds.
- 2. Quality Time:** In our hectic schedules, set aside quality time for your kids. This could be reading a story together, going for a walk, or just talking about their day.
- 3. Listen Actively:** Pay attention when your child speaks. Sometimes, they just need someone to listen. It fosters trust and opens up channels for communication.
- 4. Encourage Expression:** Teach your child that it's okay to express their feelings. This helps them navigate their emotions and builds resilience.

5. Encourage Resilience: Foster resilience by encouraging a positive attitude towards setbacks. For instance, if they couldn't achieve something, say, "I know you are upset you could not climb to the top today. Let's keep practicing so we keep getting better."

6. Foster Independence: Allow your child to make choices, decisions, and solve problems on their own. It builds confidence and a sense of control, contributing to their mental strength.

7. Teach Coping Skills: Equip your child with healthy coping mechanisms to manage stress and emotions. Breathing exercises and mindfulness can help them handle challenges and regulate their emotions effectively. For example, you can practice some fun breathing techniques and a mini-time-out from overwhelming situations.

Remember, each child is unique, and there's no one-size-fits-all approach to parenting. Let's embrace this adventure together, supporting one another along the way.

Wishing you all joy, love, and lots of laughter in your parenting journey!



Honey. K. N
M/o Vivyaan Venugopal
Class 5

വേനലിലും മഞ്ഞു പെയ്യുന്നോടും



പുഷ്പക വിമാനത്തിൽ കത്തുകൾ കൊണ്ടു തരുന്നിടത്തേക്ക് നിങ്ങൾ പോയിട്ടുണ്ടോ?

ഇല്ലെങ്കിൽ പോന്നോളം എന്റെ മനോഹര സ്വർഗ്ഗ ലോകത്തേക്ക്.. പച്ച നിറമുള്ള നക്ഷത്രങ്ങൾ ഉള്ളിടത്തേക്ക്.. .. കഥയിൽ ചോദ്യങ്ങൾ ഇല്ലാത്തിടത്തേക്ക്.. ഭാവനാസീമയെ അനന്തതയിൽ കുഴിച്ചിട്ടുകൊണ്ട് നിങ്ങൾക്കും കടന്നു വരാം ...

അങ്ങനെ ഒരിടത്തായിരുന്നു എന്റെ കുട്ടിക്കാലവും കൗമാരവുമെല്ലാം...പടിപ്പുരയിൽ നിറയെ പുല്ലാനി പൂത്തു നിന്നിരുന്നു. ചുമന്ന റോഡിൽ നിന്നും (പിന്നെയത് നിറം മാറി കരിനീല ടറായി) കോൺക്രീറ്റ് ഇട്ട നല്ല വീതിയുള്ള പടീക്ക് ഇരുവശവും മതിലാണ്. ഒരു ഇരുമ്പു ഗേറ്റുമുണ്ട്.ആ ഗേറ്റ് ആയിരുന്നു എന്റെ ബസും കാറും ലോറിയുമെല്ലാം. അതിലങ്ങനെ ഞാനു ഞാനു കളിക്കുമ്പോൾ എനിക്ക് എപ്പോഴും സൂചന കിട്ടുമായിരുന്നു. അങ്ങനെ ആടിയാൽ ഗേറ്റ് താണു പോകും ന്. എന്നാലും എനിക്ക് ആ കൊച്ചു മനസ്സിനെ നിയന്ത്രിക്കാനാവാറില്ല.എന്നാൽ ഇന്ന് ഞാൻ എന്റെ മക്കളോട് പറയുമ്പോ അവർ എത്ര പെട്ടെന്നാണത് അനുസരിക്കാറുള്ളത്!!! എനിക്കവരോട് ബഹുമാനം തോന്നുന്നു... ആ ഗേറ്റിനിരുവശവും മാവുകളാണ്. നല്ല തണലാണ് എപ്പോഴും. തെക്കു ഭാഗത്ത് നീരു കുടിയനും വടക്കു ഭാഗത്ത് പ്ലിയൂരും മാറി മാറിയാണ് കയ്ച്ചിരുന്നത്. അവർ മത്സരിച്ചു വളർന്നിരുന്നത് കൊണ്ട് ഒത്ത തടികളുള്ള വമ്പൻ മാവുകളായി. അതിന് താഴെയുമുണ്ടായിരുന്നു മരങ്ങൾ... നെല്ലിയും ചുമന്ന മാങ്ങ ഉണ്ടാവുന്ന മാവും പിന്നെ നല്ല വലുപ്പത്തിൽ മാങ്ങ ഉണ്ടാവുന്ന മാവും നെല്ലിയും സപ്പോട്ടയും



ആത്തയും അശോകവും ഒക്കെ... അതു കഴിഞ്ഞാൽ പൂഴിമണൽ വിരിച്ച മുറ്റമാണ്. ആ മുറ്റമാണ് വീടിന്റെ ഭംഗി എന്ന് ചേച്ചി എപ്പോഴും പറയും...

മഞ്ഞ് വീഴുന്ന നാടുകൾ ഉണ്ടെന്നു അറിയും മുൻപേ, കടും വേനലിൽ മുറ്റത്തെ മഞ്ഞ് വീഴ്ച ആഘോഷിച്ചവളാണ് ഞാൻ. അതെനിക്ക് ഒരുക്കി തന്നതും ഒരു മരമാണ്. ചുടുകാലമാകുമ്പോൾ പൂള മരത്തിൽ നിന്നും പഞ്ഞി കട്ടകളിങ്ങനെ വീഴും.... മുകളിലെ ഇറയത്തിരുന്നു അതിന്റെ ഭംഗി കണ്ട് ആസ്വദിക്കുന്നതിന്റെ സുഖം ഒന്ന് വേറെ തന്നെയാണ്. അതു താഴെ വിരിച്ച വെളുത്തു പതു പതുത്ത പട്ടു മെത്ത ഇന്നും മനസ്സിൽ കൗതുകമാണ്... പൊട്ടി വീഴുന്ന പൂള കായ്കൾ കൂട്ടി വെച്ച് കടഞ്ഞു കിടക്കയും തലയിണയും ഒക്കെ ആക്കുന്നതും ഒരു ഉത്സവ പ്രതീതി ഉണ്ടാക്കും.കാരണം അതിൽ പ്രഗത്ഭരായ നാട്ടുമുറഞ്ഞ വനിതകൾ ആ സമയത്ത് വീട്ടിലുണ്ടാവും. വലിയ ചെമ്പുകളിലാണ് കോല് പ്രത്യേക രീതിയിൽ ഒരുക്കി കെട്ടി പഞ്ഞി കടയുന്നത്... ഇതൊക്കെ ആഘോഷിച്ചിരിക്കുമ്പോഴും അടങ്ങി ഇരിക്കാൻ ശീലമില്ലാത്ത ആ പ്രായത്തിൽ ഞാൻ തൊടിയിലേക്കിറങ്ങും. പൂല്ലും കരിയിലകളും അതിനിടയിൽ ഉണ്ടായേക്കാവുന്ന പാമ്പുമൊന്നും വല്ല വിഷയങ്ങളല്ല അന്നും ഇന്നും...

ചുറ്റും മരങ്ങളാണ്... മാവും പ്ലാവും ഐനിയും ചെമ്പകവും ലൂവിയും പേരയും ആത്തയും സപ്പോട്ടയും മുട്ടപ്പഴവും അങ്ങനെ നിറയെ ഉണ്ട്. പക്ഷേ ഒന്നും വേണ്ടാത്ത കാലം... കൊടപ്പളിയും ഇരുമ്പൻ പുളിയും നക്ഷത്ര പുളിയും (എന്റെ പച്ച നക്ഷത്രം) കോൽപ്പളിയുമൊക്കെ നിറയെ ഉണ്ടെങ്കിലും അതിലൊന്നും ശ്രദ്ധ കൊടുക്കാതെ കൂട്ടുകാർ കൊണ്ടു വരുന്ന കോൽപ്പളി കഷ്ണവും പുളിക്കുരു വറുത്തതും കാത്തിരുന്ന കാലം...

സ്കൂളിലേക്കുള്ള യാത്ര പത്തുമിനിറ്റിൽ തീരാവുന്നതേയുള്ളൂ. എന്നാൽ വേലിക്കെട്ടുകളില്ലാത്ത പറമ്പുകളിലെ സകല കയ്കനികളെയും നിരീക്ഷിച്ചു രുചിച്ചിറങ്ങി നടന്നു വീടത്തുമ്പോഴേക്കും ഒന്നു രണ്ടു മണിക്കൂറെടുക്കും. വീട്ടുകാരും അന്ന് വഴക്കിട്ടിട്ടില്ല. ബേജറായിട്ടില്ല. അവർക്കറിയാം വഴി തെറ്റാതെ എത്തിപ്പെടും ന്.. അന്നൊക്കെ നാലു കിലോമീറ്റർ ചുറ്റളവിലുള്ളവർക്കെങ്കിലും അറിയാമായിരുന്നു ഓരോ കുട്ടിയും എവിടുത്തെയാണെന്ന്.. ഓരോ കുട്ടിയും

വീടത്തുന്നതിൽ നാട്ടുകാരുടെ കൂടെ ഉത്തരവാദിത്തമുണ്ടായിരുന്നു. ഞാനിന്നും വ്യക്തമായി ഓർക്കുന്നു. സ്കൂൾ വിട്ടു പോകുമ്പോൾ ഒരു മുത്തശ്ശൻ മാത്രമുള്ള ഓല വീട്ടിൽ ഞങ്ങൾ പോയത്. മുറ്റത്തെ കണ്ണി മാങ്ങ പെറുക്കാൻ കയറിയതാണ്. അപ്പോ അവിടെ ഉപ്പിലിട്ടു വെച്ച മാങ്ങ കൂടി ഞങ്ങൾക്ക് തന്നു. പെട്ടന്ന് ആ സ്നേഹം ഞങ്ങൾക്ക് ഇഷ്ടപ്പെട്ടു. പിന്നെ ഇടയ്ക്കിടെ ആ വഴി കയറിയിറങ്ങും. ഇന്നത് ആലോചിക്കാൻ കൂടി വയ്യാ... അങ്ങനെ ഒരിടത്ത് കയറി എന്നറിഞ്ഞാൽ വീട്ടിൽ ബഹളം. വീട്ടുകാർക്കുള്ള ടെൻഷൻ അങ്ങനെ എന്തൊക്കെ... അന്ന് പക്ഷേ ആ ഒരു മുത്തശ്ശൻ എങ്ങനെ ഒറ്റക്ക് കഴിഞ്ഞിരുന്നു എന്ന് ഇപ്പോൾ ചിന്തിക്കുമ്പോൾ സങ്കടം തോന്നുന്നു. എന്നോ മൺ മറഞ്ഞുപോയ ആ വ്യക്തി തന്ന ഇത്തിരി കരുതൽ വർഷങ്ങൾക്കിപ്പുറവും ഒരോർമ്മയായി എന്നിൽ വരാൻ കാരണമായിട്ടുണ്ടെങ്കിൽ അദ്ദേഹത്തിന്റെ ആ നന്മ തന്നെ മരണം വരെ തുണച്ചു കാണും...

ഇനിയും ആ കാലത്തേക്ക് തിരിച്ച് പോകണോ എന്ന് ചോദിച്ചാൽ "വേണ്ട". അത് തന്നെയാണ് മറുപടി.

ഇഷ്ടമുള്ളിടത്തു പോകാനും ഇഷ്ടമുള്ളപ്പോൾ വിശ്രമിക്കാനും ഇഷ്ടമുള്ളതെല്ലാം ചെയ്യാനുമൊക്കെയുള്ള യൗവനത്തിലെ ഈ സ്വാതന്ത്ര്യവും എനിക്കിഷ്ടമാണ്... പുസ്തകങ്ങളുടെ ഭാരങ്ങളില്ല, ടൈംടേബിൾ നോക്കി വിയർക്കേണ്ടതില്ല, ഇക്വേഷൻസ് കാണാപാഠമാക്കേണ്ട തലവേദനയില്ല... ഈ കാലത്തിനുമുണ്ട് സുഖങ്ങളേറെ...

ഏറ്റവും കുറഞ്ഞത് ഈ കാലം വരെ കാത്തിരിക്കേണ്ടി വന്നു എനിക്ക് ചിലത് മനസ്സിലാക്കിയെടുക്കാൻ എന്നതാണ് പ്രധാനം... സ്വന്തമായി മുന്നേക്കർ കുടിയിരിപ്പ് ഭൂമിയും പിന്നെ പാടവും മേതൊടിയും തയ്യപ്പും ഒക്കെ തന്നെ ഉണ്ടായിട്ടും ഞാൻ വളരെ കുറച്ചു മാത്രമേ ആ മണ്ണിൽ ചവിട്ടി നടക്കാറുള്ളൂ. എത്രയെത്ര മരങ്ങൾ തിങ്ങി നിറഞ്ഞു നിന്നിട്ടും ഒന്നിന്റെ പോലും മുകളിൽ കയറിയിരിക്കാൻ അന്നെന്നെ പ്രേരിപ്പിച്ചിട്ടില്ല...

മുളകൾ തിങ്ങി നിറഞ്ഞു വേലി തീർത്ത വിശാലമായ, കുറഞ്ഞത് പത്തു സെന്റോളമെങ്കിലും വരുന്ന കുളമുണ്ടായിട്ടും



ഞാൻ അതിൽ നീന്തി പഠിച്ചിട്ടില്ല. എന്തിന് ഏറെ, കൂട്ടി കൂട്ടി കല്ലെറിഞ്ഞു രസിക്കാൻ പോലും എനിക്ക് തോന്നിയിട്ടില്ല. കൂളത്തിനുള്ളിൽ ഒരു കിണറും ഉണ്ടായിരുന്നു. അതിന്റെ ആവശ്യകതയെ പറ്റി ഞാൻ ആരോടും സംശയം ചോദിച്ചിട്ടില്ല...

പല നിറത്തിലും വലിപ്പത്തിലും രുചിയിലും മാങ്ങകൾ ഉണ്ടായിട്ടും ഞാൻ ഒന്നിനേം കല്ലെറിഞ്ഞു വീഴ്ത്താൻ ശ്രമിച്ചിട്ടില്ല.. കല്ലെടുത്തു ചതച്ചു ഉപ്പും മുളകും കൂട്ടി രുചിച്ചറിയാനും മെനക്കെട്ടിട്ടില്ല...

വിശാലമായ പാടം ഉണ്ടായിട്ടും ഞാൻ അവിടെ പോകാറില്ല. രണ്ടേക്കാറോളം വരുന്ന വടക്കേ തൊടിയിലേക്ക് അച്ഛമ്മയുമൊത്തൊരു യാത്രയുണ്ട്. അതിന്റെ ലക്ഷ്യം ഒന്നു മാത്രമായിരുന്നു. കാര്യസ്ഥൻ അന്തമു ഇക്കയുടെ ഭാര്യ പാത്തീവിത്തയുടെ വെറ്റില ചെല്ലത്തിൽ നിന്നും അനുവാദം ചോദിക്കാതെ എടുത്തു മുറുക്കാൻ. അതിനും ആരും തടസ്സം പറഞ്ഞിട്ടില്ല. പൊകല എടുക്കരുത് എന്നു മാത്രം പറഞ്ഞു. അതിൽ എനിക്ക് വല്ല നിർബന്ധം തോന്നിയിട്ടില്ലാത്തതിനാൽ അപകടം ഒന്നും ഉണ്ടായതുമില്ല. പിന്നെ ആ പറമ്പിൽ നിന്നും കിട്ടിയത് കുറച്ചു അപ്പുപ്പൻ താടികളാണ്. അത് എവിടുന്നു വരുന്നു എന്നു പോലും ഞാൻ ചിന്തിച്ചിട്ടില്ല. എന്നാലിന്ന്, ചിന്തകളുടെ ഭാരങ്ങളില്ലാതെ ഒരു അപ്പുപ്പൻ താടിയിൽ കയറി ലോകം ചുറ്റി സഞ്ചരിക്കാനാ മോഹം തോന്നുന്നേ...

മീനുകളും മുയലുകളും പക്ഷികളും പൂച്ചയും നായയുമൊക്കെയായി പല പല ഓമന ജീവികൾ ഉണ്ടായിട്ടും ഞാൻ അവരുടെ സ്വാതന്ത്ര്യത്തെ കുറിച്ച് വ്യാകുലപ്പെട്ടിട്ടില്ല. വലിയ തൊഴുത്തും പശുവുമൊക്കെയുണ്ടായതു കൊണ്ട് തെരും പാലുമൊന്നും അന്നത്തെ വല്ല ഇഷ്ടങ്ങളും ആയിരുന്നില്ല..

പക്ഷേ ഇന്ന് എന്റെ മക്കൾക്ക് അങ്ങനെ പലതും സ്വന്തമായി താമസിക്കുന്നിടത്ത് ഇല്ല... അവിടെ ആണ് ചിന്തിക്കാനും മനസ്സിലാക്കാനും ഉള്ളത്. ഒന്നു പറയാതെ വയ്യാ. കൊറോണ പഠിപ്പിച്ച പാഠങ്ങളിൽ ഒന്നെന്നു വേണം പറയാൻ.

അന്നും ഇന്നും സന്ധ്യയും രാത്രിയുമെല്ലാം ആകാശത്തു നോക്കിയിരിക്കാൻ വല്ല ഇഷ്ടമാണ്. പണ്ടു പണ്ടാരിക്കൽ കുട്ടിയായിരുന്നപ്പോൾ മട്ടുപ്പാവിൽ

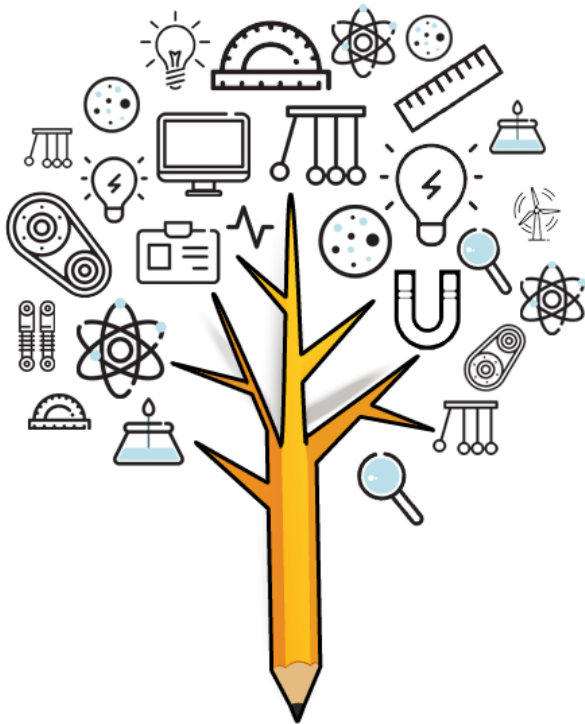
ഇരിന്നു ഞാൻ കണ്ട കിനാവ് പല നിറത്തിൽ ബൾബുകൾ തെളിയുന്ന ഒരു കൂട്ടി വിമാനത്തിൽ നിറയെ കത്തുകൾ വരുന്നതായിരുന്നു.. കത്തുകൾ ഇഷ്ടപ്പെടുമ്പോൾ ഞാൻ എത്രയോ മുൻപേ ജീവിക്കേണ്ടിയിരുന്നു എന്ന് പറയും കൂട്ടുകാർ. ഇന്ന് ഞാൻ മനസ്സിലാക്കുന്നുണ്ട് വിശാലമായ ആകാശം നോക്കി ഇരിക്കുന്നത് തന്നെയാണ് എത്ര വലിയ വീടുകൾക്കുള്ളിൽ ഇരിക്കുന്നതിനേക്കാൾ ആസ്വാദ്യകരം എന്ന്... സ്കൂട്ടർ വെക്കാനൊരു മുറി, നായ്ക്ക് കിടക്കാൻ നമ്മുടെ കിടപ്പു മുറിയോളം പോന്ന ഒരു മുറി, നെല്ലുകുത്താൻ മറ്റൊന്ന് , കൊപ്രക്കളം, തൊഴുത്ത് ... അങ്ങനെ ഞാൻ ജനിച്ചു വളർന്ന വീടിന്റെ ചുറ്റും മറ്റു കുറെ കൂട്ടി വീടുകൾ പോലെ തോന്നുന്ന ഇടങ്ങൾ ഉണ്ടായിരുന്നു. എന്നാൽ ആ വീടിന്റെ പുറകിലുള്ള വിറകുപുരയോളം പോന്ന വീട്ടിലാ ഇന്നെന്റെ മക്കളെ ഞാൻ വളർത്തുന്നത്. എന്നാലോ, പലയിടങ്ങളിലും കൂളങ്ങളെ അവർ കണ്ടു, ഇറങ്ങി, കളിച്ചു രസിച്ചു ശുദ്ധമായ മനസ്സോടെ മുങ്ങി എണ്ണിറ്റു. പലയിടത്തും പാടങ്ങളിൽ അവർ പോയി വൈകുന്നേരങ്ങൾ ചിലവിട്ടു... മരങ്ങളായ മരങ്ങളിലെല്ലാം പിടിച്ചു കയറി. കാടായ കാടെല്ലാം കയറാൻ നോക്കി. കല്ലും മലയും നമുക്കു സ്വന്തമെന്ന മട്ടിൽ തന്നെ അവർ കയറിയിറങ്ങി. പൂക്കളും ഇലകളും വേണ്ടുവോളം ഉണ്ടായിട്ടും ഒരു പൂമ്പാറ്റയെ പോലും പൂഴുവായി കണ്ട് കാത്തിരുന്ന് ശലഭമായി പറത്തി വിട്ടുകൊണ്ട് അവരുടെ സ്വാതന്ത്ര്യത്തെ ഞാൻ മാനിച്ചിട്ടില്ല. എന്നാൽ എന്റെ മക്കൾക്ക് അതെല്ലാം അവരുടെ അനുഭവങ്ങളായി..പൂവും പൂമ്പാറ്റയുമെല്ലാം എനിക്ക് പുസ്തകങ്ങളിൽ മാത്രമൊതുങ്ങി. എത്രയെത്ര കുഴിയാനകളെ കളിപ്പിച്ചിട്ടുണ്ടെങ്കിലും പിന്നോട്ട് നടക്കുന്ന അവരുടെ മുന്നോട്ടുള്ള നടത്തം പോലും ഞാൻ ശ്രദ്ധിച്ചില്ല. ഒരിക്കൽ അവരും തുമ്പികളായി പറന്ന് പോകുമെന്നും ഞാൻ അറിഞ്ഞില്ല... ഒടുവിൽ ഞാൻ മനസിലാക്കുന്നു... സ്വന്തമാക്കുന്നതിലല്ല സ്വന്തമെന്ന ഭാവത്തോടെ ഈ പ്രകൃതിയെ അനുഭവിക്കുന്നതിലാണ് ഭാഗ്യമിരിക്കുന്നത് എന്ന് ...

നമ്മുടെ ഈ പ്രകൃതി ആനന്ദത്തിന്റെ കണങ്ങൾ ഓരോ നോക്കിലും സ്പർശത്തിലും രുചിയിലും നമുക്ക് വാരിക്കോരി തരുമ്പോൾ നന്ദിയോടെയിരിക്കുക എന്നതു മാത്രമാണ് നമ്മുടെ ആദ്യ ധർമ്മം. എന്നും പ്രകൃതിയോട്



Dr. Arathy K (Physicist)
Post Doctoral Associate
Digital University Kerala

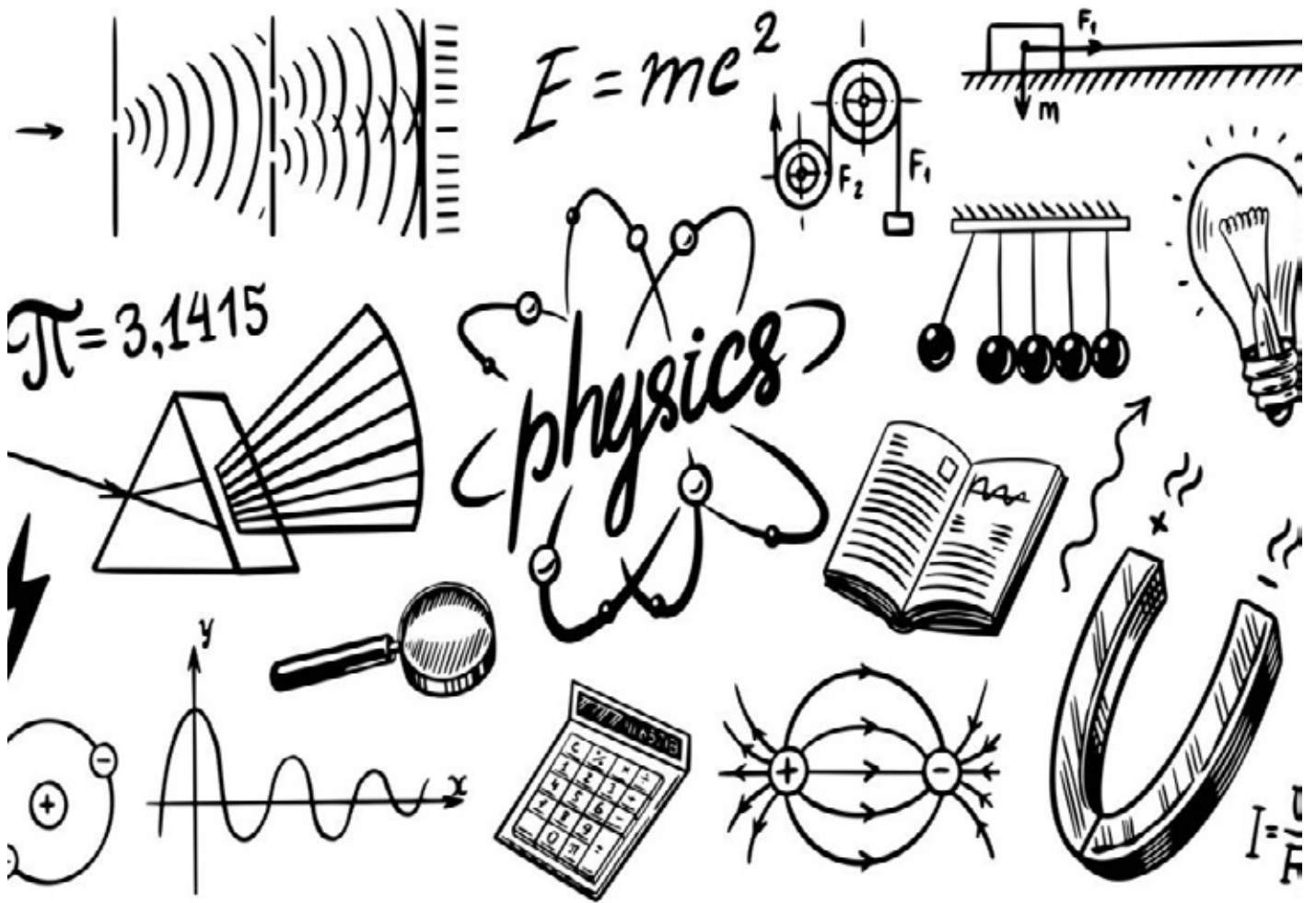
“DISCOVERING PHYSICS: A JOURNEY TO EXCITING OPPORTUNITIES”



Have you ever wondered about a career as a physicist? While professions like engineering and medicine often take the spotlight, the field of physics offers a thrilling and wide-ranging journey filled with opportunities. Often associated with legends like Sir Isaac Newton and Albert Einstein, the world of physics may seem distant, but it's a dynamic career path that plays a crucial role in shaping our technological advancements.

Contrary to popular belief, pursuing a degree in basic science, including physics, does not restrict individuals solely to academic pathways. Reports show that a significant percentage of science graduates venture into industries, contributing to real-world applications and innovations. As a physicist involved in a research team creating products for industries, I can confirm that people in basic science are just as crucial as engineers.

In today's rapidly evolving scientific landscape, collaboration among scientists, engineers, mathematicians, and chemists is essential for



creating groundbreaking products. The synergy of diverse expertise fosters an environment where ideas can flourish, and problem-solving becomes a collective effort. This interdisciplinary working environment has become a driving force globally, shaping the future of innovation and progress.

While the stories of physics legends are fascinating, it's equally important to understand that today's physicists play a vital role in many different industries. The field is dynamic, offering a platform for creativity, critical thinking, and problem-solving - qualities that are valuable in any career path. Physicists excel in diverse roles, from research and engineering to data science and environmental analysis. They contribute to healthcare as medical

physicists, venture into finance, programming, and communicate science effectively. Physicists also make strides in space science, education, and entrepreneurship, showcasing their adaptability and impact across various professions and industries.

As we look ahead, it's my hope that more students will consider a journey into basic science and research. By doing so, they can contribute to the progress of our country, become integral parts of interdisciplinary teams, and play pivotal roles in shaping the technological landscape of the future. The world of physics is not just a realm of legends; it's a vibrant and exciting career that beckons the curious minds of our youth to explore, discover, and innovate.



PARENT TESTIMONIALS



Experience with Mukundapuram Public School (MPS)

As parents, we always strive to give the best for our kids. We chose Mukundapuram Public School with high expectations of getting the best possible education as well as exposure to extra-curricular activities. In these early learning years, we wanted the reassurance that we have made the right choice for our child. We have that at MPS.

The experienced teachers, Montessori based learning, and throughout the year challenging and interesting activities conducted in the school provides an array of limitless learning opportunities for the children.

I was really thrilled to see the efforts taken by teachers of KG section to give such a visual treat to kids as part of Children's Day celebration.

I extend my heartfelt gratitude to the management, teaching staff and non-teaching staff of Mukundapuram Public School for their hard-work and selfless sacrifice towards the child.

Best Regards,

Anu and Rajesh
(Parents of Advait Rajesh LKG D)



PARENT TESTIMONIALS

2023 - 24 അധ്യായന വർഷത്തെ Annual day പ്രൗഢഗംഭീരമാക്കാൻ പ്രയത്നിച്ച MPS ലെ എല്ലാ അധ്യാപക സുഹൃത്തുക്കൾക്കും സ്നേഹാഭിവാദ്യങ്ങൾ.....

“മുഖം“ എന്ന ക്യാൻവാസിൽ ഒരുക്കിയ നവരസങ്ങളിലൂടെ കടന്നുപോയപ്പോൾ വേദിയിൽ നിന്ന് കണ്ണെടുക്കാൻ പറ്റാത്ത ഒരു ദൃശ്യാനുഭവമായി “*EMOZIONE* “ ചെയ്യുന്ന ജോലിയോട് 100% ആത്മാർത്ഥതയും അർപ്പണബോധമുള്ള അധ്യാപകർ ഉണ്ടെങ്കിൽ ഇനിയും ഇതുപോലുള്ള ദൃശ്യ വിസ്മയങ്ങൾക്ക് MPS സാക്ഷിയാകും എന്നതിൽ സംശയമില്ല.. കുറെ പുകൾ ഒരു തോട്ടത്തിൽ വിരിഞ്ഞു നിൽക്കുന്ന പ്രതീതി ആയിരുന്നു എൽകെജിയിലെ കുരുന്നുകൾ വേദിയിൽ നിരന്നപ്പോൾ...പിച്ചവച്ചു തുടങ്ങുന്ന കുഞ്ഞുങ്ങളെ താളബോധത്തോടെ ചുവട് വയ്ക്കാൻ പഠിപ്പിക്കുന്ന ഭവ്യ മിസ്സിന്റെയും കൂട്ടാളികളുടെയും പ്രവർത്തനങ്ങൾ അഭിനന്ദനാർഹമാണ്

കഴിഞ്ഞനാളുകളിൽ മലയാളക്കര അനുഭവിച്ചറിഞ്ഞ നേർക്കാഴ്ചയിലൂടെയുള്ള ഒരു യാത്രയായിരുന്നു “EMOZIONE“ അത്ഭുതം ,ശൃംഗാരം ,ശാന്തം ഭയാനകം ,കരുണ ,വീരം ബിഭത്സം ,രൗദ്രം ,ഹാസ്യം തുടങ്ങിയ രസങ്ങളിലൂടെ നരബലിയും, അരികൊമ്പനും, ബാലപീഡനവും വേദിയിൽ നിറഞ്ഞാടി ...MPS ന്റെ മാത്രം പ്രത്യേകതയായ ഓട്ടൻതുളളലും ഹൃദയസ്പർശിയായിരുന്നു. ..

ഒരു പ്രൊഫഷണൽ ടച്ചോട് കൂടിയുള്ള കുട്ടികളുടെ പ്രകടനവും എടുത്തു പറയേണ്ടതാണ്... ഈ കലാമാമങ്കത്തിന് പിന്നിൽ അഹോരാത്രം പണിയെടുക്കാൻ മുൻപന്തിയിൽനിന്ന ശ്രീകല മിസ്സിനോടും ശ്രീദേവിമിസ്സിനോടും വർഷാമിസ്സിനോടും നീധിൻ സാറിനോടും Elton സാറിനോടൊപ്പം , ഒന്നുകൊണ്ടും പേടിക്കേണ്ട ഞങ്ങളുണ്ട് കൂടെ എന്ന് പറഞ്ഞു കൂടെ നിന്ന MPS ലെ എല്ലാ അംഗങ്ങളുടെ കൂട്ടായ പരിശ്രമമാണ് ഈ വിജയത്തിന് പിന്നിൽ... ഇന്നലെ BPC . ഗ്ലാഡ്വിൻ സാർ പറഞ്ഞപോലെ ഈ കലാലയമുറ്റത്ത് വരുമ്പോൾ നിറഞ്ഞ ചിരിയോടെ നമുക്ക് എന്നും ആതിഥ്യം പറയാൻ ഈ സ്കൂളിന്റെ മേധാവി മുന്നിലുണ്ട്... വിശുദ്ധ ബൈബിളിൽ ഒരു വാചകം പറയുന്നു “നീ എത്രമാത്രം ഉന്നതനാണോ അത്രമാത്രം വിനീതനാവുക “ നമ്മളിൽ ഒരാളായി മാത്രമാണ് നൂറി മിസ്സ് എന്നും നിലകൊള്ളാറുള്ളത്.....

ശക്തമായ നേതൃത്വപാടവത്തിന്റെ അകമ്പടിയോടെ MPS ടീം ചേർന്ന് നിന്നപ്പോൾ *EMOZIONE* മറക്കാനാവാത്ത ഒരു ദൃശ്യാനുഭവമായി.....

ഒരിക്കൽ കൂടി ഈ വിജയത്തിന് പിന്നിൽ പ്രവർത്തിച്ച എല്ലാ അണിയറ പ്രവർത്തകർക്കും ഹൃദയത്തിന്റെ ഭാഷയിൽ നന്ദി അർപ്പിക്കുന്നു.

Parent of Ann Claret & Ann Theres



SCHOOL EXHIBITION SPECTRASPHERE

The Spectra Sphere 2024, hosted by Mukundapuram Public School, served as a beacon of scientific ingenuity and collaboration among various educational institutions. As the doors opened to eager participants, the air buzzed with excitement and anticipation. Students from different schools converged, armed with their meticulously crafted projects and boundless enthusiasm.

Throughout the exhibition halls, an array of innovative displays captivated visitors' imaginations. From intricate robotics to sustainable energy solutions, each exhibit showcased the remarkable creativity and problem-solving prowess of young minds. Every corner resonated with the hum of discussions and exchanges of ideas, as students eagerly shared their insights and discoveries with peers and visitors alike.

The Spectra Sphere 2024 was not merely a competition but a celebration of scientific inquiry and exploration. It provided a platform for students to not only demonstrate their academic acumen but also to cultivate a spirit of collaboration and camaraderie. Regardless of background or experience, all participants were united by their passion for science and their determination to make a meaningful impact on the world.

As the curtains drew to a close on this year's Spectra Sphere, the echoes of inspiration lingered in the halls of Mukundapuram Public School. Participants departed with newfound knowledge, lasting connections, and a renewed zeal to continue their scientific pursuits. The event's legacy would endure as a testament to the boundless potential of young innovators and the power of collaboration in shaping a brighter future.

SPECTRA SPHERE



**SCHOOL
EXHIBITION
SPECTRASPHERE**



SCHOOL EXHIBITION SPECTRASPHERE



**SCHOOL
EXHIBITION
SPECTRASPHERE**











SPECTRASPHERE INTERSCHOOL PROJECT INNOVATION PRIZE WINNERS







EMOZIONE ANNUAL DAY CELEBRATION



EMOZIONE

Mukundapuram Public School radiated with an aura of excitement and anticipation as it proudly hosted “Emozione 2024,” its annual day celebration. This momentous occasion was a vibrant tapestry that beautifully showcased the essence of our school’s spirit and the incredible achievements of our students.

As students, parents, and faculty gathered with hearts brimming with pride, our annual day served as a powerful reminder of the growth, learning, and boundless possibilities that define our school community. Against the backdrop of a new year, the event was a beacon of inspiration, shining a spotlight on the remarkable talents and accomplishments of our students.

The stage came alive with a mesmerizing display of cultural performances, each one a heartfelt expression of Navarasa, the nine fundamental emotions.

Through graceful dance movements, soul-stirring musical renditions, and powerful theatrical performances, our students skillfully depicted the depth and complexity of human emotions, captivating the audience and leaving a lasting impression. From love to laughter, from compassion to courage, each emotion was woven into the fabric of our celebration, creating an unforgettable experience for all in attendance.

As the curtains closed on “Emozione 2024,” the echoes of applause lingered in the air, a testament to the collective talent, dedication, and spirit of our school community. In the days and years ahead, may the memories of this extraordinary celebration continue to inspire us to strive for excellence, embrace diversity, and express ourselves fully, enriching the tapestry of our shared human experience.



EMOZIONE ANNUAL DAY CELEBRATION





EMOZIONE ANNUAL DAY CELEBRATION





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EMOZIONE ANNUAL DAY CELEBRATION





EMOZIONE ANNUAL DAY CELEBRATION





EMOZIONE ANNUAL DAY CELEBRATION





CLASS PHOTOS



**CLASS
PHOTOS**



**CLASS
PHOTOS**



MUKUNDAPURAM PUBLIC SCHOOL , NADAVARAMBA - CLASS : UKG-B, 2023-2024



MUKUNDAPURAM PUBLIC SCHOOL , NADAVARAMBA - CLASS :UKG- C, 2023-2024



MUKUNDAPURAM PUBLIC SCHOOL , NADAVARAMBA - CLASS :UKG-D, 2023-2024



CLASS PHOTOS



MUKUNDAPURAM PUBLIC SCHOOL , NADAVARAMBA - CLASS :1A, 2023-2024



MUKUNDAPURAM PUBLIC SCHOOL , NADAVARAMBA - CLASS :1B, 2023-2024



MUKUNDAPURAM PUBLIC SCHOOL , NADAVARAMBA - CLASS :1C, 2023-2024



**CLASS
PHOTOS**



MUKUNDAPURAM PUBLIC SCHOOL , NADAVARAMBA - CLASS : ID, 2023-2024



MUKUNDAPURAM PUBLIC SCHOOL , NADAVARAMBA - CLASS :2A, 2023-2024



MUKUNDAPURAM PUBLIC SCHOOL , NADAVARAMBA - CLASS :2B, 2023-2024



CLASS PHOTOS



MUKUNDAPURAM PUBLIC SCHOOL . NADAVARAMBA - CLASS :2C. 2023-2024



MUKUNDAPURAM PUBLIC SCHOOL . NADAVARAMBA - CLASS :3A. 2023-2024



MUKUNDAPURAM PUBLIC SCHOOL . NADAVARAMBA - CLASS :3B. 2023-2024



**CLASS
PHOTOS**



MUKUNDAPURAM PUBLIC SCHOOL , NADAVARAMBA - CLASS : 3C, 2023-2024



MUKUNDAPURAM PUBLIC SCHOOL , NADAVARAMBA - CLASS : 4A, 2023-2024



MUKUNDAPURAM PUBLIC SCHOOL , NADAVARAMBA - CLASS : 4B, 2023-2024



**CLASS
PHOTOS**



MUKUNDAPURAM PUBLIC SCHOOL . NADAVARAMBA - CLASS : V , 2023-2024



MUKUNDAPURAM PUBLIC SCHOOL . NADAVARAMBA - CLASS : VI , 2023-2024



MUKUNDAPURAM PUBLIC SCHOOL . NADAVARAMBA - CLASS : VII , 2023-2024



**CLASS
PHOTOS**



CLASS PHOTOS



TEAM MPS

TEACHING STAFF



NON-TEACHING STAFF



SCHOOL ADMINISTRATION





SECURITY DEPARTMENT



TRANSPORTATION DEPARTMENT



Reflections

School Magazine 2023-2024



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